



Washington Interscholastic Activities Association  
**AMENDMENTS PASSED**  
**by the 2021 Representative Assembly**

The ~~strike through~~ text will be deleted from the current handbook wording. The **bold** and shaded text will be added to the current handbook wording. Passed amendments will go into effect on August 1 unless otherwise noted.

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**HS AMENDMENT #2**

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**18.11.5 TRANSFERRING STUDENTS** (new article), page 35

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**18.11.5** A high school student who attends, participated or was eligible to participate for a school, and subsequently transfers to another school will be eligible for subvarsity only for one (1) calendar year from the date of enrollment at the new school:

A. If the student transfers from a public, private, or charter school after:

- 1) Participating on a non-school athletic team within a calendar year from the date of enrollment at the new school (AAU, American Legion, Club USA, USVBA, or any other non-school program) in which one (1) or more of the high school coaches are currently involved and/or
- 2) Receiving personal athletic or activities instruction or training, including weight training and conditioning, from a person affiliated with another school to which the student transfers.

B. The subvarsity status would apply even if the entire family moves to a new location within the residential area of the school to which the student transfers.

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**ML/HS AMENDMENT #3**

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**18.15.0 GENDER IDENTITY PARTICIPATION and 19.3.0 PROCEDURES FOR INFORMING STUDENT OF INELIGIBILITY**

**PHILOSOPHY OF GENDER IDENTITY PARTICIPATION:** *The WIAA encourages participation for all students regardless of their gender identity or expression. Further, most local, state and federal rules and regulations require schools to provide transgender and other gender-diverse student-athletes with equal opportunities to participate in athletics. The purpose of this policy is to offer clarity with respect to the participation of trans and gender-diverse student-athletes. Additionally, this policy encourages a culture in which student-athletes ~~are able to~~ **can** compete in a safe and supportive environment, free of discrimination.*

**18.15.0 GENDER IDENTITY PARTICIPATION** - All students ~~should~~ have the opportunity to participate in WIAA athletics and/or activities in a manner that is consistent with their gender identity. Currently, most athletic programs are offered separately for boys and girls as outlined in Appendix 1. Athletes will participate in programs consistent with their gender identity or the gender most consistently expressed. School personnel responsible for student eligibility will work collaboratively with the student-athlete to determine eligibility. ~~Should any questions arise whether a student's request to participate in a sex-segregated activity consistent with his or her gender identity is bona fide, a student may seek review of his or her eligibility for participation by working through the procedure set forth below.~~ Once the student has been granted eligibility to participate in the sport consistent with his/her **their** gender identity, the eligibility is granted for the duration of the student's participation and does not need to be renewed every sports season or school year. ~~All discussion and documentation will be kept confidential, and the proceedings will be sealed unless the student and family make a specific request.~~ For additional information on Gender Identity, refer to Appendix 6.

Continuation of ML/HS Amendment #3:

- ~~18.15.1 **NOTICE TO THE STUDENT AND FAMILY:** Should the participation of a student be challenged, the administration of the school shall contact the student and parents/legal guardian to advise them of the challenge.~~
- ~~18.15.2 **NOTICE TO THE WIAA:** The school administrator shall then contact the WIAA office, which will assign a facilitator who will assist the school and student in preparation and completion of the WIAA Gender Identity eligibility appeal process.~~
- ~~18.15.3 **FIRST LEVEL OF APPEAL:** The student will be scheduled for an appeal hearing before an eligibility committee specifically established to hear gender identity appeals. The WIAA shall schedule a hearing as expeditiously as possible, but in no case later than five (5) school business days of that member school prior to the first full interscholastic contest that is the subject of the petition, or within a reasonable time thereafter in cases of emergency, including, but not limited to, any unforeseeable late student enrollment. The Gender Identity Eligibility Committee will be comprised of a minimum of three of the following persons one of whom must be from the physician or mental health profession category:~~
- ~~A. Physician with experience in gender identity health care and the World Professional Association for Transgender Health (WPATH) Standards of Care.~~
  - ~~B. Psychiatrist, psychologist or licensed mental health professional familiar with the World Professional Association for Transgender Health (WPATH) Standards of Care.~~
  - ~~C. School administrator from a non-appealing school~~
  - ~~D. WIAA staff member~~
  - ~~E. Advocate familiar with Gender Identity and Expression issues~~
- ~~18.15.4 **DOCUMENTATION:** The appealing student should provide the Eligibility Committee with the following documentation and information:~~
- ~~A. Current transcript and school registration information~~
  - ~~B. Documentation of student's consistent gender identification (e.g., affirmed written statements from student and/or parent/guardian and/or health care provider)~~
  - ~~C. Any other pertinent documentation or information~~
- ~~18.15.5 **SECOND LEVEL OF APPEAL:** An aggrieved student wishing to appeal the Gender Identity Eligibility Committee decision shall file notice of appeal with the Executive Director of the WIAA on or before the tenth (10<sup>th</sup>) school business day following the date of receipt of the written decision of the Gender Identity Eligibility Committee denying the petition. An appeal to the WIAA Executive Director shall require the Executive Director to schedule a hearing to commence on or before the tenth (10<sup>th</sup>) school business day following the date of receipt of the written notice of appeal. Written notice of the time and place of the hearing shall be delivered to the petitioned appellant in person or by certified mail, with return receipt requested, no later than five (5) school business days of that member school prior to the date of the hearing.~~
- ~~When there is confirmation of a student's consistent gender identity, the eligibility committee/WIAA Executive Director will affirm the student's eligibility to participate in WIAA activities consistent with the student's gender identification. The WIAA will facilitate the provision of resources and training for a **staff is willing to collaborate with any** member school seeking assistance regarding gender identity.~~

Continuation of ML/HS Amendment #3:

**19.3.0 PROCEDURES FOR INFORMING STUDENT OF INELIGIBILITY-** Each school district superintendent or his/her designee(s), having reasonable cause to believe that a student is ineligible to participate in or continue in an interschool activity under the Rules and Regulations of the WIAA, shall provide the student with notice of his/her ineligibility either by certified mail or by delivering said notice in person. The notices shall:

- 19.3.1 Specify the reason(s) for the alleged ineligibility and the rule being violated.
- 19.3.2 Advise the student of his/her opportunity to request a hearing in order to contest the reason(s) for the alleged ineligibility.
- 19.3.3 State that a written petition for a hearing can be served upon the WIAA District Eligibility Committee, or its designee, on or before the expiration of the third school business day after receipt of the Notice of Opportunity for a hearing.
  - A. Should a student be declared ineligible on the basis of gender identity, the school administrator shall then contact the WIAA office.**
  - B. Once contacted, the WIAA office will assign a facilitator who will assist the school and student in preparation and completion of the paperwork associated with the eligibility appeal process.**

**19.6.0 DISTRICT LEVEL ELIGIBILITY COMMITTEE** - The governing board in each WIAA Representative District shall appoint a committee composed of a chairperson and at least two (2) additional committee members. No member of the Eligibility Committee shall hear and decide a case concerning a student who attends or attended a school with which that member is employed or otherwise directly associated. In such case, that member shall be disqualified and the majority of the remaining members of the Eligibility Committee shall meet and appoint any additional person or persons necessary to fill such vacancy.

- 19.6.1 Each member of the committee must be trained and certified on an annual basis by the WIAA office staff.
- 19.6.2 The Eligibility Committee shall be authorized to hear and decide cases involving the eligibility of students to participate in interschool activities pursuant to the eligibility standards established by the WIAA.
  - A. Should a student be declared ineligible on the basis of gender identity, the WIAA will facilitate an Eligibility Committee comprised of a minimum of three of the following persons one of whom must be from the physician or mental health profession category:**
    - i. Physician with experience in gender identity health care and the World Professional Association for Transgender Health (WPATH) Standards of Care.**
    - ii. Psychiatrist, psychologist or licensed mental health professional familiar with the World Professional Association for Transgender Health (WPATH) Standards of Care.**
    - iii. School administrator from a non-appealing school**
    - iv. WIAA staff member**
    - v. Advocate familiar with Gender Identity and Expression issues**

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**ML/HS AMENDMENT #5**

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**18.20.0 EIGHTH GRADERS PARTICIPATING AT THE HIGH SCHOOL LEVEL, page 33**

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**18.20.0 EIGHTH (8<sup>th</sup>) GRADERS PARTICIPATION WITH THE HIGH SCHOOL TEAM**

18.20.1 ~~1B~~ high schools with an enrollment equal to or less than one half of the enrollment in the largest ~~2B~~ school may allow eighth (8<sup>th</sup>) graders from a WIAA member feeder middle school/junior high to participate in any high school program for that classification cycle.

~~NOTE: 165 will be the enrollment cut off for the 2016-2020 classification cycle.~~

18.20.2 With league approval, any 2B **or 1A** school may allow eighth (8<sup>th</sup>) grade students from a WIAA member feeder middle school/junior high to participate in the high school program with the intent to maintain a varsity and a junior varsity program in baseball, basketball, soccer, softball, or volleyball. Eighth graders cannot be brought up to establish a C squad if one of the following circumstances exist.

18.20.3 With league approval, any 2B **or 1A** school may allow eighth (8<sup>th</sup>) grade students from a WIAA member feeder middle school/junior high to participate in any high school program except football if that sport is not offered at the middle level/junior high.

18.20.4 With league approval, any 2B **or 1A** school may allow eighth (8<sup>th</sup>) grade students to participate at the high school level if at any time during the season the number of participants on the high school team is at or below these specified numbers.

Baseball: 25

Basketball: 16

Soccer: 25

Softball: 25

Volleyball: 17

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**ML/HS AMENDMENT #6**

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**18.23.1 NON-SCHOOL PARTICIPATION, page 38**

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18.23.1 Schools may not give students special treatment or privileges on a regular basis to enable them to participate in non-school athletic activities. Some examples of special treatment or privileges include reduced practice times, special workouts, late arrivals, early dismissals or missing a practice or contest. Regular is defined as being no more than once **a week**.

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**ML/HS AMENDMENT #7**

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**20.0.0 COACHES EDUCATION**

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20.4.7 Before the beginning of the third year of coaching, a member school coach (paid or volunteer) must complete a school district approved Coaching Principles training that requires a minimum of five (5) hours of instruction, or complete the NFHS Coaches Fundamentals Course, or attend all sessions of the WIAA Coaches School, or other Coaches School as approved by the WIAA or the local school district. After initial completion, coaches will be required to repeat this training every three (3) years. The training ~~may~~ **must** include ~~but is not limited to:~~ **a minimum of one (1) hour in each of the following categories:**

A. Medical aspects of coaching - Health and Welfare

Care and Prevention of student injury

Athletic Training/Sports Medicine

Chemical and Substance Abuse

Injury Rehabilitation

Nutrition

Continuation of ML/HS Amendment #7:

Kinesiology

Exercise Physiology

B. Legal Aspects of Coaching - Litigation, Liability

School Physical Education, Sports, or Athletic Law

Annual review of rule changes and application of rules

School Board Policies, WIAA Rules, School Law

**Bullying, Hazing, Harassment**

C. Psycho/Social Foundations

Sociology and Psychology of Sports (adolescent psychology, sports sociology and psychology, motivation, dealing with substance abuse.)

Philosophy of Interscholastic Activities Programs

Coaching Techniques

Instructional methods in physical education/activities

Instructional methods in physical education for handicapped

Instructional methods in interscholastic sports

Philosophy/Sports Management/Pedagogy

**Social, Emotional Learning strategies and procedures**

**Restorative Practices**

**Mental Health**

**Suicide Prevention**

D. **Diversity, Equity and Inclusion**

**Anti-Racism**

**Discrimination in Sport / Examining implicit bias**

**Gender equity**

**LGBTQ and Gender Identity**

**Recognizing and eliminating barriers to participation**

**Supporting students from diverse backgrounds**

**Supporting students impacted by income disparities**

**Unified Sports / Including students with disabilities**

**HS AMENDMENT #9**

**35.1.1 SENIOR HIGH SUMMER FOOTBALL, 35.2.0 PRACTICE and 35.3.2, page 66**

**35.1.1 SENIOR HIGH SUMMER FOOTBALL**

Year	First Practice	Minimum Practice Days Per Individual Before Contact	Summer Coaching Limit	End Season-Summer Activities
2020-21	June 13	3	20 days	July 31
2021-22	May 29	3	20 days	July 31

**35.2.0 Definition of levels of contact:**

Thud – Drill is run at assigned speed through the moment of contact; no pre-determined “winner”. Contact remains above the waist, players stay on their feet and a quick whistle ends the drill.

Live Action – Drill is run in game-like conditions and players may be taken to the ground.

**35.3.0 PRACTICE** – A total of 20 days of summer coaching are allowed, regardless of the number of coaches and/or players involved in any given practice. A maximum of ten (10) practices with full pads and full contact practices are allowed and the use of any equipment regardless of the number of coaches and/or players involved in any given practice.

A. Contact may be allowed only during one (1) of the two-a-day workouts.

Effective date of implementation: The first day following the conclusion of the 2021 spring season.

**HS AMENDMENT #10**

**44.4.0 HIGH SCHOOL WRESTLING MATCH LIMITATION, page 75**

**44.4.0 PLAYER/MATCH LIMITATION** - Each and every match wrestled must count as one of the forty-five (45) contests for the individual.

44.4.1 An individual may wrestle in up to six (6) matches per day.

44.4.2 An individual may not wrestle more than forty-five (45) contests on sixteen (16) dates prior to any state qualifying tournament.

44.4.3 Each day of competition must count as one (1) of the 16 allowed team dates **except as indicated below**. Each individual is limited to the daily match limitation.

**A. A two-day wrestling tournament consisting of brackets larger than 16 individuals will count as one (1) of the 16 allowed team dates. Each individual is limited to the daily match limitation.**