

**2009 WIAA/Dairy Farmers of Washington/Les Schwab Tires  
1A Boys Track & Field Championships**

**1A Boys 100 Meter Dash**

Finals

1	Josh Fuller	12	King's	11.28
2	Blair Collins	12	Royal	11.49
3	Jake Weyerhaeuser	12	Charles Wright Academy	11.54
4	Chris Ruether	12	Cashmere	11.62
5	Ishmael Stinson	12	Charles Wright Academy	11.83
6	Isaac Hamilton	12	Freeman	11.89
7	James Coulson	10	Connell	11.94
8	Jacob Neiman	10	Kalama	12.10

**1A Boys 200 Meter Dash**

Finals

1	Josh Fuller	12	King's	22.32
2	Chris Ruether	12	Cashmere	22.83
3	Logan Olney	10	Zillah	22.86
4	Kyle Fremd	12	Bellevue Christian	23.08
5	Eric Van Meter	12	Lakeside	23.09
6	Ben Allen	11	Cashmere	23.19
7	Jake Weyerhaeuser	12	Charles Wright Academy	23.34
8	James Coulson	10	Connell	23.85

**1A Boys 400 Meter Dash**

Finals

1	Josh Fuller	12	King's	49.19
2	Ben Allen	11	Cashmere	50.20
3	Kyle Fremd	12	Bellevue Christian	50.44
4	Luis Roque	12	White Salmon	51.25
5	Frankie Krause	10	Onalaska	51.73
6	Scott Eberle	10	Freeman	51.81
7	Jacob Neiman	10	Kalama	51.83
8	James Spencer	10	Vashon Island	52.63

**1A Boys 800 Meter Run**

Finals

1	Nick Smith	12	Charles Wright Academy	1:55.82
2	Seth Pierson	12	Cashmere	1:56.59
3	Jeffery Crabill	11	Charles Wright Academy	1:57.89
4	Asa Israel	12	Goldendale	1:58.02
5	Austin Stuchell	12	Lakeside	1:58.03
6	Reid Empey	11	Connell	2:00.37
7	Colton Berry	10	Lakeside	2:01.74
8	Jacob Hollander	10	Lynden Christian	2:04.39

**1A Boys 1,600 Meter Run**

Finals

1	Seth Pierson	12	Cashmere	4:21.79
2	Austin Stuchell	12	Lakeside	4:25.30
3	Quinton Decker	12	Port Townsend	4:25.62

4 Tyler King	10	Coupeville	4:26.45
5 Asa Israel	12	Goldendale	4:27.42
6 Max LaBerge	11	Charles Wright Academy	4:28.14
7 Andrew VanNess	12	Bellevue Christian	4:30.78
8 Michael Cross	11	Seattle Christian	4:30.93

### 1A Boys 3,200 Meter Run

#### Finals

1 Max LaBerge	11	Charles Wright Academy	9:38.59
2 Tyler King	10	Coupeville	9:52.00
3 Quinton Decker	12	Port Townsend	9:53.32
4 Bereket Piatt	10	Port Townsend	9:54.25
5 Jose Marcial	12	Kiona Benton	9:57.66
6 Andrew VanNess	12	Bellevue Christian	10:02.62
7 Seth Pierson	12	Cashmere	10:05.32
8 Ethan Tonnemaker	10	Royal	10:09.25

### 1A Boys 110 Meter Hurdles

#### Finals

1 Aric Walden	10	Newport	15.18
2 Curtis Clauson	10	King's	15.49
3 Lalo Mendoza	12	Wahluke	15.65
4 Joshua Zoellick	11	Cedar Park Christian	15.67
5 Spencer Ramos	11	Cascade Christian	15.77
6 Raymond Zhang	12	King's	15.89
7 Anthony Reese	11	Nooksack Valley	16.14
8 Garret Reitz	10	Onalaska	16.30

### 1A Boys 300 Meter Hurdles

#### Finals

1 Curtis Clauson	10	King's	39.14
2 Spencer Ramos	11	Cascade Christian	39.15
3 Brandon Dean	12	King's	41.29
4 Anthony Reese	11	Nooksack Valley	41.57
5 Jason Huntley	12	Ilwaco	41.71
6 John Gage	12	Highland	42.19
7 Storm Harder	12	Port Townsend	42.45
8 Ryan Rosenau	10	Cascade-Leavenworth	42.49

### 1A Boys 4x100 Meter Relay

#### Finals

1 Bellevue Christian			43.66
1) Kent Schmuland	11	2) Kyle Fremd	12
3) Aaron Iseman	12	4) Ryan Neal	12
2 Charles Wright Academy			43.92
1) Ishmael Stinson	12	2) CJ Dale	12
3) Curtis Inouye	12	4) Jake Weyerhaeuser	12
3 Freeman			44.51
1) Isaac Hamilton	12	2) Scott Eberle	10
3) Jake Moon	12	4) Luke Mathews	12
4 King's			44.70
1) Alex Masaki	12	2) Zack Berg	10

	3) Raymond Zhang	12	4) Jean Blatchford	12	
5	Cashmere				44.85
	1) Dillon Miller	10	2) Joey Michael	9	
	3) Ben Allen	11	4) Micheal Ruether	10	
6	Connell				45.48
	1) James Coulson	10	2) Colton Riner	12	
	3) Aj Hill	11	4) Jake Taylor	12	
7	White Salmon				45.52
	1) Zachary Mart	11	2) Evan Nystrom	10	
	3) Luis Roque	12	4) Enrique Granados	12	
8	Kalama				45.76
	1) Steven Spaude	10	2) Jacob Neiman	10	
	3) Aspen Owen	11	4) Jake Clizbe	9	

### 1A Boys 4x400 Meter Relay

#### Finals

1	Cashmere				3:28.01
	1) Wes Worthen	11	2) Cody McIntyre	12	
	3) Chris Ruether	12	4) Ben Allen	11	
2	Freeman				3:28.66
	1) Scott Eberle	10	2) Anthony Emtman	12	
	3) Jake Moon	12	4) Luke Mathews	12	
3	King's				3:29.23
	1) Alex Masaki	12	2) Zack Berg	10	
	3) Nate Faubion	11	4) Josh Fuller	12	
4	Charles Wright Academy				3:30.39
	1) Jake Weyerhaeuser	12	2) Nick Smith	12	
	3) CJ Dale	12	4) Jeffery Crabill	11	
5	Bellevue Christian				3:31.22
	1) Kent Schmuland	11	2) Ryan Neal	12	
	3) Kyle Fremd	12	4) Steven Koster	12	
6	Lynden Christian				3:32.75
	1) Chris Johnson	11	2) Cody Heeringa	11	
	3) David Griess	12	4) Zach Blok	12	
7	Connell				3:33.28
	1) Reid Empey	11	2) Jacob Coulson	12	
	3) Matt Hadley	9	4) Aj Hill	11	
8	Cedar Park Christian				3:36.90
	1) Addison Parker	10	2) Cody Cole	10	
	3) Nicholas Kunnanz	12	4) Jordan Scholten	12	

### 1A Boys Long Jump

#### Finals

1	Al Lang	12	Seattle Christian	22-04.25
2	Blair Collins	12	Royal	22-04.00
3	Graham Threlkeld-Guy	12	Northwest	21-05.00
4	Luke Mathews	12	Freeman	21-02.25
5	Aaron Iseman	12	Bellevue Christian	20-10.50
6	Colton Riner	12	Connell	20-09.25
7	Zachary Mart	11	White Salmon	20-06.50
8	CJ Dale	12	Charles Wright Academy	20-06.00

### 1A Boys Triple Jump

**Finals**

1	Ishmael Stinson	12	Charles Wright Academy	44-11.00
2	Will Marchand	12	Okanogan	44-07.25
3	Luke Mathews	12	Freeman	43-10.50
4	Blair Collins	12	Royal	43-10.00
5	Al Lang	12	Seattle Christian	43-06.75
6	Colton Riner	12	Connell	43-06.25
7	Joel Weise	12	Highland	42-07.50
8	Simon Vlas	10	Lynden Christian	40-08.25

**1A Boys Shot Put****Finals**

1	Will Lohman	11	Chewelah	55-04.00
2	Jake Wilcox	12	Naches Valley	51-02.00
3	Max Crook	12	Meridian	48-04.00
4	Jessie Salmonson	11	Nooksack Valley	48-02.50
5	Zack Hatch	11	Lakeside	48-00.25
6	Joel Roberts	12	Cedar Park Christian	47-09.25
7	Sean Didier	11	Connell	46-05.00
8	Taylor Napiontek	12	Montesano	46-03.00

**1A Boys Discus Throw****Finals**

1	Jake Wilcox	12	Naches Valley	164-08
2	Will Lohman	11	Chewelah	156-01
3	Bradon Franklin	12	Rainier	141-00
4	Joel Roberts	12	Cedar Park Christian	136-09
5	Billy Martin	12	King's	136-08
6	Joey Spoelstra	10	Lynden Christian	134-02
7	Will Peters	10	Chewelah	130-05
8	Travis Bruhn	11	Tenino	128-10

**1A Boys Javelin Throw****Finals**

1	Curtis Clauson	10	King's	187-07
2	James Craig	11	Cashmere	186-04
3	Cleave Rengo	12	La Center	175-07
4	Kevin McCrea	12	Rainier	175-04
5	Max Crook	12	Meridian	173-06
6	Simon Wenet	12	Seattle Academy	173-03
7	Eric Van Meter	12	Lakeside	169-06
8	Billy Martin	12	King's	168-00

**1A Boys High Jump****Finals**

1	Zach Blok	12	Lynden Christian	6-04.00
2	Lewis Meyers	12	Stevenson	6-02.00
3	Kyle Talbot	12	King's	J6-02.00
4	Patrick McMahon	12	Seattle Academy	J6-02.00
5	Patrick Newman	12	Highland	6-00.00
5	Tyler Hunziker	12	Goldendale	6-00.00
7	Shelby Hite	12	Kettle Falls	J6-00.00

7 Chase Watson	11	Freeman	J6-00.00
9 James Coulson	10	Connell	5-10.00
9 Cameron Tunstall	11	Cascade Christian	5-10.00

### 1A Boys Pole Vault

#### Finals

1 Josh Frye	12	Newport	14-07.00
2 Oliver Miska	12	Seattle Academy	13-00.00
3 Aaron Walden	12	Newport	J13-00.00
4 Wade Holter	12	Kalama	12-06.00
5 Thomas Steinke	12	Cascade-Leavenworth	J12-06.00
6 Jean Blatchford	12	King's	12-00.00
7 Zach Olivera	10	La Center	J12-00.00
8 Chris VandenBos	11	Lynden Christian	11-06.00
9 Steven Bischoff	12	Goldendale	J11-06.00

### 2009 1A Boys Track & Field Team Finals

1 King's	92
2 Cashmere	66
3 Charles Wright Academy	65
4 Bellevue Christian	34
5 Freeman	32.5
6 Newport	26
7 Lakeside	24
8 Royal	22
9 Chewelah	20
10 Connell	19
10 Lynden Christian	19
10 Port Townsend	19
13 Naches Valley	18
14 Seattle Academy	16
15 Seattle Christian	15
16 Cedar Park Christian	14
17 Coupeville	13
18 Goldendale	12.5
19 Cascade Christian	12
19 Nooksack Valley	12
21 Rainier	11
22 Meridian	10
23 White Salmon	9
23 Kalama	9
25 Highland	8.5
26 Stevenson	8
26 La Center	8
26 Okanogan	8
29 Northwest	6
29 Wahluke	6
29 Zillah	6
32 Cascade-Leavenworth	5
32 Onalaska	5
34 Kiona Benton	4

34 Ilwaco	4
36 Kettle Falls	1.5
37 Montesano	1
37 Vashon Island	1
37 Tenino	1