

**2007 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Boys Track & Field Championships**

3A Boys 100 Meter Dash

Finals

1	Marlon Murray	12	Highline	10.90
2	Chris Mallard	12	Ferndale	11.01
3	Kevin Ramos	12	Shorecrest	11.14
4	Jack Holley	12	Peninsula	11.21
5	Kelvin Miller	12	Lakes	11.24
6	Markeem Adams	9	West Seattle	11.25
7	Avi Castro	11	Rainier Beach	11.36
8	Kody Winsor	10	Hanford	11.39

3A Boys 200 Meter Dash

Finals

1	Markeem Adams	9	West Seattle	22.16
2	Alex Griffin	11	Bremerton	22.23
3	Jack Holley	12	Peninsula	22.50
4	Nick Roark	10	North Central	22.67
5	Donald Lisowski	11	O'Dea	22.73
6	Drew Guttormsen	12	Bishop Blanchet	22.82
7	Avi Castro	11	Rainier Beach	22.85
8	Frank McLaughlin	11	Mount Si	23.01

3A Boys 400 Meter Dash

Finals

1	Max Lutton	11	Franklin Pierce	48.86
2	Case Parker	11	East Valley	49.35
3	Darriell Beaumonte	12	Clover Park	49.36
4	Paul Winger	11	Bonney Lake	49.67
5	John Thomas	12	Rainier Beach	50.03
6	Frank McLaughlin	11	Mount Si	50.24
7	Stephen Foster	10	Squalicum	50.30
8	Jasen Meyers	11	Renton	50.47

3A Boys 800 Meter Run

Finals

1	Abdi Hassan	12	Nathan Hale	1:54.78
2	Logan Ordon	12	Everett	1:55.22
3	Dan Doperalski	12	Newport	1:56.59
4	Ian Smith	11	Liberty	1:57.25
5	Chris Stone	12	Renton	1:57.87
6	Tim Kruse	11	West Valley	1:57.89
7	Leon Dean	10	North Central	1:59.72
8	Ryan Styrk	12	Seattle Prep	2:03.28

3A Boys 1,600 Meter Run

Finals

1	Abdi Hassan	12	Nathan Hale	4:13.45
2	Shane Geiger	11	Camas	4:13.74
3	Matt Frerker	12	Skyline	4:14.74
4	Max O'Donoghue-McDonald	12	Seattle Prep	4:15.48
5	Graydon Manning	12	Capital	4:16.32
6	Leon Dean	10	North Central	4:20.52

7	Axel Stanovsky	12	Everett	4:21.30
8	Tyler Pavel	12	Auburn-Riverside	4:21.95
9	Ryan Prentice	11	Mt Rainier	4:23.71
10	Seth Bridges	11	Lakes	4:24.20
11	Bevan Taylor	12	Bainbridge	4:24.21
12	Steve Hicks	11	North Central	4:24.54
13	Matt Miland	10	Lindbergh	4:24.61
14	Jeremy Swenson	12	Bishop Blanchet	4:26.63
15	Alex Wipf	12	Meadowdale	4:35.65
16	Faisal Abdullahi	12	Kelso	4:50.12

3A Boys 3,200 Meter Run

Finals

1	Max O'Donoghue-McDonald	12	Seattle Prep	9:02.69
2	Ryan Prentice	11	Mt Rainier	9:06.58
3	Matt Frerker	12	Skyline	9:06.87
4	Graydon Manning	12	Capital	9:16.57
5	Shane Geiger	11	Camas	9:24.31
6	Andrew Kimpel	10	North Central	9:24.46
7	Andrew Gonzales	10	Southridge	9:25.67
8	Jeremy Swenson	12	Bishop Blanchet	9:26.89
9	Seth Bridges	11	Lakes	9:32.21
10	Simon Sorenson	10	Skyline	9:38.30
11	Axel Stanovsky	12	Everett	9:39.25
12	Matt Miland	10	Lindbergh	9:46.43
13	Grant Fujii	12	Renton	9:47.34
14	Dan Hutchins	12	Newport	9:48.10
15	Cody MacDougall	9	Everett	9:48.50
16	Julian-Blake Cowan	10	Auburn-Riverside	9:51.70

3A Boys 110 Meter Hurdles

Finals

1	Anthony Stadeker	12	Yelm	14.59
2	Preston Borth	12	Issaquah	14.89
3	Armon Blackwell	12	Clover Park	15.01
4	David Butler	11	North Central	15.14
5	Andrew Gray	11	Skyline	15.22
6	Kyle Acheson	12	Port Angeles	15.72
7	J. Hopkins	11	Everett	15.78
--	Tim Armstrong	12	East Valley	DQ

3A Boys 300 Meter Hurdles

Finals

1	J. Hopkins	11	Everett	37.99
2	Miles Timpe	12	Enumclaw	38.60
3	Tim Armstrong	12	East Valley	39.28
4	Kyle Acheson	12	Port Angeles	39.41
5	Gante Price	11	Lakes	39.63
6	Scottie Duclos	12	Kamiakin	39.73
7	Armon Blackwell	12	Clover Park	39.91
8	Preston Borth	12	Issaquah	40.01

3A Boys 4x100 Meter Relay

Finals

1	Rainier Beach	42.31
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2 Lakes	1) John Thomas 3) Damien Harper	12 12	2) Vonzell McDowell 4) Avi Castro	12 11	42.62
3 North Central	1) Dominick Davis 3) Koreye Dixon	11 11	2) Jermaine Kearse 4) Kelvin Miller	11 12	42.77
4 Peninsula	1) Tim Hight 3) David Butler	12 11	2) Alex Cassis 4) Nick Roark	11 10	42.85
5 West Seattle	1) Johnny Sly 3) Andy O'Brien	12 12	2) Michael Chopp 4) Jack Holley	12 12	43.36
6 O'Dea	1) Aaron Grymes 3) Paul Palu	10 12	2) Markeem Adams 4) Christian Crain	9 11	43.91
-- Bonney Lake	1) Donald Lisowski 3) Eric Patterson-Floyd	11 9	2) Quinton Richardson 4) Tony Melonson	12 12	DNF
-- Franklin Pierce					DNF

3A Boys 4x400 Meter Relay

Finals

1 Liberty	1) KaeBee Burns 3) Mitchell Byron	12 10	2) Reid Christensen 4) Ian Smith	11 11	3:22.14
2 Renton	1) Jason Harris 3) Seth Trowbridge	12 11	2) Chris Stone 4) Jasen Meyers	12 11	3:22.47
3 Bainbridge	1) Austin Hallett 3) Greg Nance	11 12	2) Patrick Wauters 4) Bevan Taylor	12 12	3:22.55
4 East Valley (Spokane)	1) Tim Armstrong 3) McKay Clarkson	12 12	2) Sam Hale 4) Case Parker	12 11	3:22.78
5 Bonney Lake	1) Paul Winger 3) Eric Schroeder	11 10	2) Cale Snider 4) Travis Christian	10 11	3:23.10
6 Highline	1) Anthony Watkins 3) Roger Pierce	12 10	2) Brian Watkins 4) Marlon Murray	12 12	3:24.51
7 Lakes	1) Jamaal James 3) Jeremiah Vaughn	11 12	2) Thaddeus Miller 4) Gante Price	11 11	3:24.62
8 Rainier Beach	1) John Thomas 3) Ronelle McGraw	12 9	2) Khayree Johnson 4) Michael Berry	9 9	3:26.97

3A Boys Pole Vault

Finals

1 Sam Sampson	12	Squalicum	16-02.00
2 Jason Marks	11	Interlake	14-06.00
3 Daniel Thompson	12	Camas	J14-06.00
4 Carter Nell	11	Eastmont	J14-06.00
5 Garrett Handy	12	Interlake	14-00.00
6 Justin George		Yelm	J14-00.00

7	Chris Grist	12	Sumner	13-06.00
8	Bryce Borer	10	Mercer Island	J13-06.00
9	Jordan Wishard	11	Kelso	13-00.00
10	Gabe Cadero-Smith	10	Yelm	J13-00.00
11	Cheyne Clark	11	Bainbridge	J13-00.00
11	AJ Cox	12	Auburn-Riverside	J13-00.00
13	Cameron Fancher	11	Southridge	J13-00.00
14	Dylan Gaudette	11	Kelso	12-06.00
--	Brian Gegenhuber	12	Squalicum	NH
--	Kiel Rasp	12	Nathan Hale	NH

3A Boys Long Jump

Finals

1	Magaiva Herman	12	Hudson's Bay	23-00.25
2	Chris Mallard	12	Ferndale	22-01.75
3	Melvin Jones	12	Chief Sealth	21-10.00
4	Brandon Jared	11	Mt Spokane	21-07.75
5	Vicente Cordova	11	Evergreen (Seattle)	21-06.00
6	Robert Cramer	11	Camas	21-05.50
7	Julian Bardwell	10	Franklin Pierce	21-02.50
8	Damien Harper	12	Rainier Beach	21-01.50
9	Antoine Sims	12	Yelm	20-10.75
10	Christian Crain	11	West Seattle	20-10.00
11	Kelvin Miller	12	Lakes	20-09.75
12	Andy Green	12	Sammamish	20-07.00
13	Vien Hua	12	Hanford	20-05.00
14	Mike Winkler	12	Columbia River	19-10.75
15	Mosie Mallard	11	Ferndale	19-03.75
16	Ethan Spiro	11	Mercer Island	19-00.75

3A Boys Discus Throw

Finals

1	Conner Larned	11	Enumclaw	164-07
2	Josh Davis	11	Mount Si	164-02
3	Matt Gill	12	West Valley	163-02
4	Dustin Schneider	12	Mt Spokane	150-06
5	Zach Nielsen	10	Lindbergh	150-05
6	Chris Jackson	12	Clover Park	148-09
7	Marek Domanski	11	Shorecrest	148-02
8	Jacob Hanes	11	Shelton	145-05
9	Darry Rupe	12	Kelso	143-07
10	Cary Purchase	12	Mount Si	139-11
11	Nick Stewart	11	Columbia River	135-10
12	Quinton Agosta	12	Bainbridge	J131-01
12	Gabe Shoemaker	12	Shelton	131-01
14	Jeff Boyden	12	Arlington	130-10
15	Kyle Dennison	11	Liberty	124-10
--	Richard Silva	11	Interlake	ND

3A Boys High Jump

Finals

1	Keefe Brockman	12	Hanford	6-08.00
2	Justin Brayton	12	North Central	6-04.00
3	Vicente Cordova	11	Evergreen (Seattle)	J6-04.00
4	Jesse Schaab-Martin	12	Lindbergh	J6-04.00

5	Brandon Yakaboski	12	Mount Si	6-02.00
5	Daniel Allan	12	Interlake	6-02.00
7	Quin Breeland	12	Issaquah	J6-02.00
8	Tyler Sechrest	12	Bremerton	J6-02.00
9	Chris Jones	11	Lindbergh	J6-02.00
10	Tony Melonson	12	O'Dea	6-00.00
11	Nathan Isaacs	10	Camas	J6-00.00
12	Antonio Gonzalez	10	Kennedy	J6-00.00
13	Robert Cramer	11	Camas	5-10.00
14	Chris Wilson	11	O'Dea	J5-10.00
15	Ryan Schimpf	11	Arlington	J5-10.00
--	Spencer Sawyer	11	Everett	NH

3A Boys Triple Jump

Finals

1	Magaiva Herman	12	Hudson's Bay	47-04.75
2	Robert Cramer	11	Camas	45-08.00
3	Jermaine Kearse	11	Lakes	45-06.50
4	Rendel Jones	11	Everett	44-07.50
5	Antoine Sims	12	Yelm	J44-07.50
6	Keefe Brockman	12	Hanford	44-06.00
7	Andy Green	12	Sammamish	44-02.50
8	KaeBee Burns	12	Liberty	44-01.50
9	Melvin Jones	12	Chief Sealth	43-07.75
10	Ethan Spiro	11	Mercer Island	43-02.50
11	Bryan Mack	11	Arlington	42-06.00
12	Vicente Cordova	11	Evergreen (Seattle)	42-00.50
13	Quinton Agosta	12	Bainbridge	41-08.75
14	Kyle Ehlers	10	Mt Rainier	41-06.50
15	Jason Feser	11	Kamiakin	41-05.25
16	Jordan Wishard	11	Kelso	40-10.75

3A Boys Shot Put

Finals

1	Gabe Shoemaker	12	Shelton	52-09.50
2	Chris Jackson	12	Clover Park	52-08.00
3	Andrey Levkiv	10	Hazen	J52-08.00
4	Alameeda Taamu	11	Rainier Beach	51-08.50
5	David Decastro	11	Bellevue	50-11.50
6	Jacob Hanes	11	Shelton	50-03.50
7	Cody Clark	12	Kelso	49-06.50
8	Matt Gill	12	West Valley	J49-06.50
9	Richard Silva	11	Interlake	48-02.50
10	Josh Davis	11	Mount Si	48-02.00
11	Kurtis Hampton	11	Arlington	46-11.50
12	Nathan Raglin	12	Kelso	46-08.00
13	Jeremy Salinas	12	Southridge	45-09.50
14	Tom Kim	11	Camas	44-05.50
15	Paul Palu	12	West Seattle	43-03.50
16	Jesse Potes	11	Squalicum	41-04.50

3A Boys Javelin Throw

Finals

1	Jason Harris	12	Renton	194-04
2	Andrew Stiger	12	Everett	189-10

3 Dylan Burnett-Lewis	10	Lynnwood	182-02
4 Braden Keller	11	Kelso	180-11
5 Jesse Elvrom	10	Yelm	179-10
6 Keith Keller	12	Mount Si	177-08
7 Alec Simmons	12	Sumner	174-04
8 Kevin Jeffery	12	Auburn	173-01
9 Derek Devine	12	Timberline	167-11
10 Tommy Sheriff	12	Bellevue	166-06
11 JJ Cadwell	11	Columbia River	166-05
12 Zach Ames	9	East Valley	161-03
13 Taylor Tanasse	12	West Valley	157-09
14 Tom Perry	12	Mount Si	153-04
15 Daniel Harden	12	Bellevue	148-10
16 Drew Turner	10	Seattle Prep	144-09

2007 3A Boys Track & Field Team Finals

1 Everett	35
2 North Central	32
3 Camas	29
4 Rainier Beach	25
5 Clover Park	25
6 Lakes	24
7 Renton	23
8 Yelm	21
9 Hudson's Bay	20
10 Nathan Hale	20
11 East Valley (Spokane)	19
12 Mount Si	18.5
13 Enumclaw	18
14 West Seattle	17
15 Liberty	16
16 Peninsula	16
17 Seattle Prep	16
18 Ferndale	16
19 Skyline	16
20 nterlake	15.5
21 Hanford	14
22 Shelton	14
23 Highline	13
24 Squalicum	12
25 Franklin Pierce	12
26 Issaquah	11
27 West Valley (Yakima)	10
29 Mt Spokane	10
30 Capital	9
31 Lindbergh	9
32 Bonney Lake	9
33 Bremerton	9
34 Mt Rainier	8
35 Shorecrest	8
36 O'Dea	7
38 Kelso	7
39 Chief Sealth	6
40 Lynnwood	6

41 Newport	6
42 Bainbridge	6
43 Hazen	6
44 Eastmont	5
45 Bellevue	4
46 Bishop Blanchet	4
47 Sumner	4
48 Kamiakin	3
49 Southridge	2
50 Sammamish	2
51 Auburn-Riverside	1
52 Mercer Island	1
53 Auburn	1