

**2003 WIAA/Dairy Farmers of Washington/Les Schwab Tires
4A Girls Track & Field Championships**

4A Girls 100 Meter Dash

Finals

1	LaShawnda Porter	11	Kent-Meridian	12.25
2	Sarah Burns	11	Curtis	12.31
3	Quiana Green	11	Heritage	12.46
4	Danitra Powell	11	Decatur	12.47
5	Andrea Mayes	12	Shelton	12.57
6	Anna Soule	12	Emerald Ridge	12.87
7	Alex Butler	10	Gonzaga Prep	13.01
8	Monaka Faye White	12	Mariner	13.05

4A Girls 200 Meter Dash

Finals

1	LaShawnda Porter	11	Kent-Meridian	24.99
2	Teri Cheatham	10	Curtis	25.15
3	Sarah Burns	11	Curtis	25.30
4	Becca Noble	10	Rogers (Spokane)	25.55
5	Danitra Powell	11	Decatur	25.60
6	Quiana Green	11	Heritage	25.71
7	Emily Hannah	12	Eastmont	26.06
8	Andrea Mayes	12	Shelton	26.75

4A Girls 400 Meter Dash

Finals

1	Becca Noble	10	Rogers (Spokane)	54.90
2	Kameko Wilson	12	Bethel	56.04
3	Sierra Henderson	11	Auburn	56.78
4	Rachael Kaercher	11	Shelton	57.39
5	Cori Moore	9	Everett	57.44
6	Chantea Watson	10	Port Angeles	57.72
7	Jamie Griffith	12	Kamiakin	58.88
8	Melantha Jenkins	10	Redmond	59.84

4A Girls 800 Meter Run

Finals

1	Amanda Miller	11	Eastmont	2:14.14
2	Brianna Felnagle	10	Bellarmine Prep	2:14.15
3	Cori Moore	9	Everett	2:16.37
4	Corrina O'Brien	9	Gonzaga Prep	2:17.38
5	Tiffany Takeuchi	10	Kentridge	2:20.35
6	Jennifer Marsh	12	Juanita	2:20.99
7	Necia Jerome	11	Capital	2:21.86
8	Amy Lia	12	Bothell	2:27.50

4A Girls 1,600 Meter Run

Finals

1	Brianna Felnagle	10	Bellarmine Prep	4:52.48
2	Amanda Miller	11	Eastmont	4:54.69
3	Megan O'Reilly	9	Mt. Spokane	5:00.40

4	Kailey Campbell	9	Ballard	5:01.85
5	Jamie Geissler	12	Mead	5:02.01
6	Lucy Miller	11	Snohomish	5:09.75
7	Katie Hummel	12	Eisenhower	5:10.66
8	Amber Nickelson	11	Lake Stevens	5:10.91
9	Casey Stepan	11	Mountain View	5:13.93
10	Stephanie Sipes	9	Gig Harbor	5:16.06
11	Amy Lia	12	Bothell	5:17.03
12	Lynsey Stepan	9	Mountain View	5:18.59
13	Bailey Kustermeyer	10	Emerald Ridge	5:18.96
14	Tiffany Passi	12	Shorewood	5:23.99
15	Allie Bilnoski	10	Bellarmino Prep	5:25.63
16	Kayle Peterson	12	South Kitsap	5:31.06

4A Girls 3,200 Meter Run

Finals

1	Megan O'Reilly	9	Mt. Spokane	10:41.07
2	Jamie Geissler	12	Mead	10:45.54
3	Shannon Bell	12	Gonzaga Prep	11:05.03
4	Lucy Miller	11	Snohomish	11:07.24
5	Stephanie Sipes	9	Gig Harbor	11:11.02
6	Stephanie Lenihan	11	Davis	11:12.69
7	Kayle Peterson	12	South Kitsap	11:22.74
8	Ashley Meyer	11	Snohomish	11:26.36
9	Sarah Benson	11	Kentridge	11:30.08
10	Kari Jo Hilgendorf	11	Battle Ground	11:34.65
11	Brittany Wentzel	10	Auburn	11:36.61
12	Piper Woodruff	12	Bellarmino Prep	11:41.91
13	Celia Smalls	12	Garfield	11:44.54
14	Stacy Holtmann	10	Stanwood	11:48.19
15	Elizabeth Betterbed	9	Gig Harbor	11:57.69
16	Tracie Tripple	12	Bothell	12:13.02

4A Girls 100 Meter Hurdles

Finals

1	Sarah Jackson	12	Hudson's Bay	15.09
2	Asiha Grigsby	12	Spanaway Lake	15.1
3	Erin Fitzpatrick	11	Federal Way	15.16
4	Nicole Elliott	12	Pasco	15.35
5	Dani Bridges	11	Tahoma	15.43
6	Alyson Carlyon	12	Juanita	15.51
7	Ashley Grayson	10	Heritage	15.84
8	Carly Osness	11	Snohomish	16.06

4A Girls 300 Meter Hurdles

Finals

1	Sarah Jackson	12	Hudson's Bay	43.68
2	Dani Bridges	11	Tahoma	43.97
3	Nicole Elliott	12	Pasco	44.46
4	Chelsi Claussen	12	Shelton	44.61
5	Kara Nygard	12	Wenatchee	45.64
6	Asiha Grigsby	12	Spanaway Lake	45.95

7 Whitney Quaresma	12	Walla Walla	46.10
8 Julie Futch	9	Auburn-Riverside	46.85

4A Girls 4x100 Meter Relay

Finals

1 Curtis	47.89
2 Shelton	48.13
3 Eastmont	49.34
4 Mt. Spokane	49.55
5 Snohomish	49.60
6 Emerald Ridge	50.00
7 Auburn HS	50.02
8 Shorewood	50.36

4A Girls 4x200 Meter Relay

Finals

1 Curtis	1:41.50
2 Shelton	1:41.62
3 Heritage	1:43.23
4 Eastmont	1:43.42
5 Kent-Meridian	1:43.89
6 Mt. Spokane	1:45.18
7 Snohomish	1:45.57
8 Inglemoor	1:45.67

4A Girls 4x400 Meter Relay

Finals

1 Auburn	3:56.32
2 Eastmont	3:56.50
3 Spanaway Lake	3:59.70
4 Richland	4:00.93
5 Olympia	4:01.67
6 Tahoma	4:02.06
7 Wenatchee	4:02.22
8 Inglemoor	4:03.73

4A Girls Shot Put

Finals

1 Whitney Hooks	9	Cascade(Everett)	41-10
2 Kristen Ellsberg	11	Skyview	41-06.5
3 Sheree Ellis	11	Kentridge	41-02.25
4 Leitawsha Bronson	11	Kent-Meridian	40-09.25
5 Kelcee Moody	11	East Valley	40-00
6 Corissa Hutchinson	10	Mead	39-07
7 Sami Fisher	12	Eisenhower	39-00.5
8 Sybresha Branch	12	Eisenhower	39-00.25
9 Carin Trygg	12	Inglemoor	38-06
10 Christina Hebert	12	Port Angeles	37-08
11 Jessica Beach	12	Capital	37-01.25
12 Kim Behrends	12	Bothell	36-01
13 Kelsey Voetmann	12	Mountlake Terrace	35-11
14 Jessica Molstre	10	Lake Stevens	35-10.5

15 Dana Berg	12	Auburn-Riverside	35-10.25
16 Libby Erickson	12	Mountain View	35-09

4A Girls Discus Throw

Finals

1 Erika Kirley	12	Kennewick	138-06
2 Jessica Beach	12	Capital	128-05
3 Kristen Ellsberg	11	Skyview	128-02
4 LaRee Heater	11	Eisenhower	127-10
5 Erika Espino	12	Shelton	127-10
6 Tiffany Fackrell	12	Moses Lake	126-08
7 Kate Burton	12	Evergreen (Vancouver)	125-08
8 Sybresha Branch	12	Eisenhower	124-11
9 Mallory LaPlante	11	Lake Stevens	121-06
10 Christina Hebert	12	Port Angeles	120-03
11 Jolina Fanua	12	Central Kitsap	118-09
12 Carin Trygg	12	Inglemoor	115-02
13 Carmel Moesch	12	Redmond	110-03
14 Sheree Ellis	11	Kentridge	109-06
15 Jessica Molstre	10	Lake Stevens	108-00
16 Whitney Hooks	9	Cascade (Everett)	106-07

4A Girls Javelin Throw

Finals

1 Kara Patterson	11	Skyview	150-09
2 Alicia Mills	12	Central Valley	141-01
3 Jasmine McCormick	10	Arlington	136-02
4 Shyanna Davis	10	Evergreen (Vancouver)	128-00
5 Ashley Williamson	11	Mt. Spokane	120-08
6 Ashley Grayson	10	Heritage	119-09
7 Joyce Geronimo	12	Central Kitsap	118-04
8 Hailey Pearce	11	Walla Walla	117-02
9 Tomitka McMurrin	12	Bremerton	115-08
10 Meghan Beauchamp	12	Stanwood	112-11
11 Lauren Vermulm		Mountlake Terrace	111-09
12 Jessica Brodie	12	Emerald Ridge	110-02
13 Kim Behrends	12	Bothell	109-08
14 Kelly Jackson	11	Moses Lake	107-10
15 Valerie Ng	10	Bothell	106-05
16 Kyla Linnenkohl	12	Capital	103-11

4A Girls Long Jump

Finals

1 Sarah Burns	11	Curtis	19-06.75
2 Fontella Hooper	11	Hudson's Bay	18-06
3 Danielle Lake	12	Rogers (Spokane)	18-03.5
4 Kristin Singleton	12	Southridge	18-02.75
5 Courtney Waterhouse	11	Snohomish	18-00
6 Emily Kling	12	Snohomish	17-09.25
7 Briann January	10	Lewis & Clark	17-07.25
8 Kimberly Pence	10	Stanwood	17-06.25
9 Candice Nell	12	Eastmont	17-06

10	Janelle Landers	9	Wilson	17-05.5
11	Quiana Green	11	Heritage	17-05.25
12	Kendra Monroe	10	Stanwood	17-04.25
13	Dani Bridges	11	Tahoma	17-00.5
14	Corrie Kutkey	10	Evergreen (Vancouver)	17-00
15	Trisha Frame	12	Lake Washington	16-11.25
16	Bri Lundberg	10	Marysville-Pilchuck	16-07
17	Sara Klein	9	Olympia	16-04.5
18	Dena Robinson	11	Redmond	16-03.25

4A Girls Triple Jump

Finals

1	Janelle Landers	9	Wilson	38-09.75
2	Emily Kling	12	Snohomish	38-08.75
3	Fontella Hooper	11	Hudson's Bay	37-11
4	Courtney Waterhouse	11	Snohomish	37-05.5
5	Phoebe Maurer	12	Mt. Spokane	37-04.75
6	Kristen Crouse	11	Woodinville	36-06.5
7	Amanda Merrell	11	Mead	36-05
8	Emily Veenker	11	Auburn	36-02.25
9	Lakeesha Cadogan	11	Curtis	36-01
10	Terra Hale	12	Eisenhower	35-10
11	Andrea Patterson	10	Lake Stevens	35-02.25
12	Candice Nell	12	Eastmont	35-00.25
13	Laura Thom	10	Woodinville	34-05.5
14	Mallory Dwinal	10	Gig Harbor	34-05
15	Allysen Halsen	10	Gig Harbor	34-03.25
16	Cortni Ensign	12	Olympia	33-11.5

4A Girls High Jump

Finals

1	Tiana Roma	11	Edmonds-Woodway	5-06.0
2	Sharon Bjella	12	Everett	5-06.0
3T	Crystal Morrison	11	Puyallup	5-05.0
3T	Taryn Plypick	12	Sumner	5-05.0
5	Jana Manis	11	Southridge	5-04.0
6T	Emily Mothershed	10	Battle Ground	5-02.0
6T	Briann January	10	Lewis & Clark	5-02.0
8	Brie Knutgen	11	Shadle Park	5-02.0
9	Cristen Keshe	11	Snohomish	5-02.0
10	Teona Perkins	12	Kennewick	5-02.0
11	Stephanie Senescall	11	Inglemoor	5-00.0
12	Trisha Frame	12	Lake Washington	5-00.0
13	Shanley Besett	10	Curtis	5-00.0
14	Sara Klein	9	Olympia	5-00.0
15	Amanda Lovins	12	Wilson	5-00.0
16	Jasmine Kelly	9	Skyview	5-00.0
17	Janie Rasmussen	9	Mt. Spokane	4-10.0

4A Girls Pole Vault

Finals

1	Stevie Marshalek	12	Kentlake	12-06.0
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2	Emily Enders	12	Snohomish	12-03.0
3	Sarah Hegna	12	Arlington	12-00.0
4	Doria Holbrook	11	Eisenhower	11-06.0
5	Aimee Hafen	10	Federal Way	10-06.0
6	Cassidy Caldwell	11	Rogers (Spokane)	10-00.0
7T	Jennifer Tiffany	11	University	10-00.0
7T	Rachel Goodwin	12	Walla Walla	10-00.0
9	Andrea Peterson	11	Sumner	10-00.0
10	Cristina Dressel	12	Olympia	10-00.0
11	Ashley Blakely	12	Lake Washing	9-06.0
12	Monica Anderson	11	Bremerton	9-06.0
13	Katrina Roberson	11	Shelton	9-06.0
14	Paris Malin	11	Lake Washington	9-00.0
--	Christina Simunds	12	Stanwood	NH
--	Rachael Mooney	12	Bethel	NH

2003 4A Girls Track & Field Team Finals

1	Curtis	52
2	Snohomish	44
3	Eastmont	39
4	Shelton	35
5	Hudson's Bay	34
6	Mt. Spokane	32
7	Kent-Meridian	29
8	Rogers (Spokane)	24
9	Skyview	24
10	Heritage	20
11	Auburn	19
12	Bellarmino Prep	18
13	Everett	18
14	Mead	17
15	Spanaway Lake	17
16	Eisenhower	16
17	Tahoma	15
18	Gonzaga Prep	13
19	Arlington	12
20	Pasco	11
21	Capital	10
22	Cascade (Everett)	10
23	Edmonds-Woodway	10
24	Federal Way	10
25	Kennewick	10
26	Kentlake	10
27	Kentridge	10
28	Wilson	10
29	Decatur	9
30	Southridge	9
31	Bethel	8
32	Central Valley	8
33	Evergreen (Vancouver)	7
34	Emerald Ridge	6
35	Juanita	6

36 Wenatchee	6
37 Puyallup	5.5
38 Sumner	5.5
39 Ballard	5
40 Richland	5
41 Lewis & Clark	4.5
42 Walla Walla	4.5
43 East Valley	4
44 Gig Harbor	4
45 Olympia	4
46 Davis	3
47 Moses Lake	3
48 Port Angeles	3
49 Woodinville	3
50 Battle Ground	2.5
51 Inglemoor	2
52 Central Kitsap	2
53 Kamiakin	2
54 South Kitsap	2
55 University	1.5
56 Auburn-Riverside	1
57 Bothell	1
58 Lake Stevens	1
59 Mariner	1
60 Redmond	1
61 Shadle Park	1
63 Shorewood	1
64 Stanwood	1