

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 315 Boys Shot Put 4A**

Thursday 5/25/2023 - 5:50 PM

2 flights of 8, 9 into the finals

Flight 1 of Ambulatory goes with

State Meet: 69-09.50 1977 Vince Goldsmith

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	344 Landon Bolson	10	Chiawana	45-03.25	
2	996 Ishmael Taliaili	12	Kennedy Cath	45-11.75	
3	2290 Izaya Magana	11	West Valley	46-08.00	
4	1326 Kai Hong	12	Mt Rainier	46-10.75	
5	1993 Riley Smith	12	South Kitsap	47-05.00	
6	299 Carter Albertson	11	Central Vall	47-11.50	
7	656 Makaio Edward	12	Federal Way	48-03.25	
8	1940 Nickita Chu	11	Skyline	48-11.00	

Flight 2 of 2 Finals

1	549 Bryson Chase	10	Eisenhower	49-04.00	
2	1238 Cartez Williams	12	Mariner	49-07.50	
3	1398 Luke Slater	11	Newport (Bel)	50-02.50	
4	1741 Dominic Clark	12	Rogers (Puya)	50-09.25	
5	309 Rodney Minette	12	Central Vall	51-11.75	
6	1023 Dorian Thomas	12	Kentridge	53-02.00	
7	967 AJ Winsor	12	Kamiak	53-02.00	
8	597 Jacob Lane	12	Emerald Ridg	55-07.25	

Event 316 Boys Discus Throw 4A

Saturday 5/27/2023 - 9:30 AM

2 flights of 8, 9 into the finals

Flight 1 of Ambulatory goes with

State Meet: 190-09 1988 Pat Fiedler

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	299 Carter Albertson	11	Central Vall	131-00	
2	350 Lane Hedrick	11	Chiawana	135-01	
3	2333 Sione Takai	12	Federal Way	136-11	
4	1945 Joshua Lee	12	Skyline	139-02	
5	311 Alex Schneidmiller	11	Central Vall	139-11	
6	597 Jacob Lane	12	Emerald Ridg	141-00	
7	229 Ethan Linerud	11	Camas	141-04	
8	598 Daniel Meade Jr.	12	Emerald Ridg	142-00	

Flight 2 of 2 Finals

1	995 Mason Hayes	12	Kennedy Cath	143-08	
2	2290 Izaya Magana	11	West Valley	144-11	
3	234 Torin Pasa	12	Camas	146-11	
4	482 Kai Baker	12	Eastlake	147-04	
5	798 Angus Van Valey	11	Glacier Peak	148-08	
6	1238 Cartez Williams	12	Mariner	149-10	
7	2261 Rivers Cook	12	Wenatchee	152-11	
8	1991 Brendan Bourke	12	South Kitsap	158-10	

Event 317 Boys Javelin Throw 4A

Friday 5/26/2023 - 2:30 PM

2 flights, 9 into the finals

Flight 1 of Ambulatory goes with

State Meet: 227-11 2012 Sean Keller

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	436 Charles Hartke	11	Curtis	148-05	
2	227 Austin Fuqua	11	Camas	149-00	
3	1494 Benjamin Peralta	11	Olympia	149-11	
4	181 Ezra Giesbrecht	11	Bothell	153-10	
5	597 Jacob Lane	12	Emerald Ridg	154-05	
6	1405 Stephen Woodward	12	North Creek	156-02	
7	798 Angus Van Valey	11	Glacier Peak	158-09	
8	2260 Matthew Bir	12	Wenatchee	159-01	

Flight 2 of 2 Finals

1	304 George Ditto	12	Central Vall	165-01	
2	1687 Kooper Schmitt	11	Richland	165-02	
3	1305 Hunter Blackman	10	Moses Lake	165-08	
4	182 Kyle Iorg	11	Bothell	167-06	
5	312 Canyon Smith	11	Central Vall	170-00	
6	1487 Cameron Downing	10	Olympia	171-07	
7	445 Alex Suk	12	Curtis	175-00	
8	237 Jared Williams	11	Camas	183-03	

Event 318 Girls 100 Meter Dash 4A

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/26/2023 - 11:35 AM

State Meet: 11.61 1992 Danielle Marshall

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	800 Hannah Boyum	10	Gonzaga Prep	12.97	
2	654 Soukhanya Waters	10	Federal Way	12.56	
3	2252 Zoe Gonzales	12	Wenatchee	12.43	
4	784 Jana Willems	12	Glacier Peak	12.09	
5	1668 Naly Khamlue-pratt	9	Richland	12.37	
6	1395 Rachel Jin	12	Newport (Bel)	12.54	
7	494 Kaylen Greer	12	Eastmont	12.65	
8	819 Grace Peterson	12	Graham-Kapow	12.67	

Heat 2 of 2 Prelims

1	1610 Manuela Kouloun	9	Puyallup	12.78	
2	955 Annabelle Heiman	12	Kamiak	12.59	
3	432 Lenice Walston	12	Curtis	12.46	
4	977 Adelyn Mitchell	11	Kamiakin	12.34	
5	2127 Brooke Lyons	12	Tahoma	12.16	
6	1933 Quinn Manley	10	Skyline	12.49	
7	1728 Gracie Gervacio	11	Rogers (Puya)	12.63	
8	1986 Cheyanne Barker	10	South Kitsap	12.74	

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 319 Girls 200 Meter Dash 4A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/26/2023 - 5:45 PM**

State Meet: 24.13 1982 Donna Dennis

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	585 Mikayla Gardley	11	Emerald Ridg	26.34
2	654 Soukhanya Waters	10	Federal Way	26.28
3	977 Adelyn Mitchell	11	Kamiakin	25.73
4	645 Cassandra Atkins	11	Federal Way	25.11
5	2127 Brooke Lyons	12	Tahoma	24.71
6	1045 Perla Ruiz	12	Lake Stevens	25.57
7	447 Jaylah Winston	10	Decatur	25.80
8	506 Dylan Schmitt	12	Eastmont	27.29
Heat 2 of 2 Prelims				
1	800 Hannah Boyum	10	Gonzaga Prep	26.77
2	1951 Dea Covarrubias	10	Skyview	25.96
3	1671 Alyssa Marsh	11	Richland	25.62
4	1336 Hailey Weir	11	Mt Si	25.03
5	784 Jana Willems	12	Glacier Peak	25.04
6	955 Annabelle Heiman	12	Kamiak	25.71
7	819 Grace Peterson	12	Graham-Kapow	26.09
8	2252 Zoe Gonzales	12	Wenatchee	26.79

Event 320 Girls 400 Meter Dash 4A**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/26/2023 - 4:05 PM**

State Meet: 53.83 5/26/2017 Jai'lyn Merriweather

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	298 Eden Sander	10	Central Vall	1:00.01
2	447 Jaylah Winston	10	Decatur	59.93
3	955 Annabelle Heiman	12	Kamiak	57.79
4	2127 Brooke Lyons	12	Tahoma	55.01
5	920 Sena Pittman	10	Issaquah	57.30
6	1331 Giovanna Hansen	10	Mt Si	59.16
7	217 Eliisa Marshall	10	Camas	59.60
8	214 Amara Harris	11	Camas	1:00.59
Heat 2 of 2 Prelims				
1	970 Kate Christian	12	Kamiakin	1:00.36
2	2135 Julia Stuard	12	Tahoma	59.88
3	220 Kalei Moravitz	12	Camas	58.15
4	429 Ava Simms	12	Curtis	56.43
5	1336 Hailey Weir	11	Mt Si	55.80
6	805 Rhyan Madden	12	Gonzaga Prep	58.93
7	507 Helen Schumaker	12	Eastmont	59.61
8	2253 Allie Knoop	9	Wenatchee	1:00.38

Event 321 Girls 800 Meter Run 4A**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/26/2023 - 12:30 PM**

State Meet: 2:04.10 2014 Alexa Efraimson

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	335 Emma Gis	10	Chiawana	2:18.96
3	217 Eliisa Marshall	10	Camas	2:14.77
4	902 Maggie Cowan	9	Inglemoor	2:14.67
5	543 Isabela Alvarado	12	Eisenhower	2:13.68
6	1952 Daphne Evenson	10	Skyview	2:17.01
Heat 2 of 3 Prelims				
2	337 Mary Nakamura	12	Chiawana	2:20.26
3	220 Kalei Moravitz	12	Camas	2:14.94
4	582 Emme Bates	12	Emerald Ridg	2:14.25
5	1930 Anna Callahan	11	Skyline	2:13.74
6	2135 Julia Stuard	12	Tahoma	2:15.90
7	2286 Skye Stenhjem	11	West Valley	2:19.02
Heat 3 of 3 Prelims				
2	825 Mia Beightol	11	Hanford	2:20.06
3	479 Sally Roos	10	Eastlake	2:15.71
4	920 Sena Pittman	10	Issaquah	2:14.19
5	1989 Lauren Laws	10	South Kitsap	2:14.23
6	922 Katherine Yahn	12	Issaquah	2:15.61
7	1611 Ifechi Okoye	10	Puyallup	2:19.77

Event 322 Girls 1600 Meter Run 4A**Thursday 5/25/2023 - 5:15 PM**

1-7 start in lane 5-8

8-19 start in lane 1-8

State Meet: 4:33.29 2014 Alexa Efraimson

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	1936 Rebecca O'Keefe	11	Skyline	4:41.55
2	1930 Anna Callahan	11	Skyline	4:47.11
3	922 Katherine Yahn	12	Issaquah	4:59.06
4	902 Maggie Cowan	9	Inglemoor	5:00.22
5	290 Nicole Bissell	12	Central Vall	5:00.88
6	478 Jane Roos	10	Eastlake	5:00.99
7	1039 Ella Edens	12	Lake Stevens	5:01.65
8	957 Natalie Roberts	11	Kamiak	5:02.03
9	582 Emme Bates	12	Emerald Ridg	5:02.82
10	1481 Sydney Kosa	9	Olympia	5:02.97
11	2132 Sara Sanders	12	Tahoma	5:03.96
12	1989 Lauren Laws	10	South Kitsap	5:05.01
13	111 Alison Whalen	11	Bellarmine P	5:05.11
14	2176 Charlotte Wilson	11	Union	5:05.13
15	218 Bethany McKinstry	10	Camas	5:05.27
16	543 Isabela Alvarado	12	Eisenhower	5:18.29
17	2286 Skye Stenhjem	11	West Valley	5:20.00
18	1125 Bridget Burns	12	Lewis and Cl	5:27.86
19	1126 Katie Lubbe	10	Lewis and Cl	5:28.38

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 323 Girls 3200 Meter Run 4A****Saturday 5/27/2023 - 4:25 PM**

1-6 start in lane 5-8

7- 19 start in lane 1-8

State Meet: 10:05.81 2006 Megan O'Reilly

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	1936 Rebecca O'Keefe	11	Skyline	10:49.79
2	1931 Sydney Collier	10	Skyline	10:51.12
3	290 Nicole Bissell	12	Central Vall	10:51.44
4	2176 Charlotte Wilson	11	Union	10:54.37
5	859 Selena Bangerter	10	Henry Jackso	10:55.74
6	957 Natalie Roberts	11	Kamiak	10:58.30
7	2131 Kate Sanders	12	Tahoma	11:01.32
8	111 Alison Whalen	11	Bellarmino P	11:07.46
9	1612 Nicole Yanasak	12	Puyallup	11:11.65
10	2132 Sara Sanders	12	Tahoma	11:13.80
11	2123 Ashlyn Dary	11	Tahoma	11:20.82
12	2122 Kylie Castleman	12	Tahoma	11:26.37
13	1125 Bridget Burns	12	Lewis and Cl	11:33.59
14	1677 Tylar Wolff	12	Richland	11:38.43
15	546 Sherlyn Perales	12	Eisenhower	11:45.59
16	2254 Kylah Madariaga	10	Wenatchee	11:47.02

Event 324 Girls 100 Meter Hurdles 4A**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/25/2023 - 3:30 PM**

State Meet: 14.10 2015 Brandi Hughes

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	497 Shelby Howe	9	Eastmont	16.26
2	430 Frankie Skipper	9	Curtis	16.13
3	1304 Sydney Macdonald	12	Moses Lake	16.02
4	1025 Vai Green	12	Kentwood	15.30
5	586 JaiCieonna Gero-Holt	10	Emerald Ridg	14.80
6	424 Shelby Duah	9	Curtis	15.60
7	1955 Emem Ntekpere	12	Skyview	16.04
8	976 Hannah Kennell	11	Kamiakin	16.71
Heat 2 of 2 Prelims				
1	1670 Lillie Mann	10	Richland	16.50
2	1016 Sydney Esperanza	11	Kentridge	16.07
3	1738 Jalayla Williams	11	Rogers (Puya)	16.01
4	952 Kalia Estes	12	Kamiak	15.20
5	916 Shanthy Hall	12	Issaquah	15.17
6	1038 Madisen Bowers	12	Lake Stevens	15.81
7	1049 Hayli Tri	12	Lake Stevens	16.11
8	826 Lynnea Moran	11	Hanford	16.34

Event 325 Girls 300 Meter Hurdles 4A**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/26/2023 - 1:30 PM**

State Meet: 42.06 2015 Darhian Mills

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	1738 Jalayla Williams	11	Rogers (Puya)	48.29
2	2105 Delaney Bliss	11	Sumner	47.67
3	805 Rhyann Madden	12	Gonzaga Prep	46.92
4	1025 Vai Green	12	Kentwood	45.94
5	952 Kalia Estes	12	Kamiak	43.78
6	1955 Emem Ntekpere	12	Skyview	46.46
7	497 Shelby Howe	9	Eastmont	46.94
8	972 Louesa Gledhill	10	Kamiakin	47.78
Heat 2 of 2 Prelims				
1	137 Olivia Lewis	9	Bethel	48.28
2	812 Lavender Bel	12	Graham-Kapow	47.36
3	904 Lauren Vesely	10	Inglemoor	46.91
4	585 Mikayla Gardley	11	Emerald Ridg	45.45
5	180 Emma Harmon	11	Bothell	44.81
6	2247 Eloise Bolles	12	Wenatchee	46.56
7	1038 Madisen Bowers	12	Lake Stevens	46.99
8	337 Mary Nakamura	12	Chiawana	48.13

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 326 Girls 4x100 Meter Relay 4A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/26/2023 - 3:00 PM****State Meet: 46.07 5/26/2017 Tahoma****A Wilson, A Wilson, T Wilson, O Ribera**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Skyview		50.92
	1) #1954 Ava Jacobsen 10	2) #1953 Raleigh Fisher 10	
	3) #1949 Bailey Boyd 10	4) #1951 Dea Covarrubias 10	
	5) #1950 Jacey Carter 10	6) #1957 Brynlee Williams 9	
2	Skyline		50.03
	1) #1934 Sophia Miele 10	2) #1932 Haley Engstrom 10	
	3) #1937 Sasha Rana 10	4) #1933 Quinn Manley 10	
	5) #1929 Noor Badran 11	6) #1935 Reed Moore 10	
	7) #1939 Jantamane Stibbe 9	8) #1938 Ruby Riskin 11	
3	Mt Si		49.16
	1) #1332 Sophia Kono 9	2) #1334 Scooby Reid 12	
	3) #1331 Giovanna Hansen 10	4) #1336 Hailey Weir 11	
	5) #1330 Bailey Hall 12	6) #1327 Rachel Arnold 10	
	7) #1329 Ruth Groscoast 11	8) #1335 Emily Rodriguez 9	
4	Graham-Kapow		48.79
	1) #812 Lavender Bel 12	2) #814 Yuna Daniels 10	
	3) #816 Kamisha Hurse 12	4) #819 Grace Peterson 12	
	5) #817 Dasha Mason 10	6) #821 Hazen Williams 10	
	7) #818 Alexandria (Lexie) McGurl	8) #813 Keilani (Keki) Bertomeu 11	
5	Federal Way		48.41
	1) #651 Marina Velasco Bono 9	2) #654 Soukhanya Waters 10	
	3) #650 Kira Angel Marshall 10	4) #645 Cassandra Atkins 11	
	5) #652 Keilani Vongsady 12	6) #649 Anaiya Lewis 12	
	7) #653 Karma Walker 12	8) #648 Jazlyn Jones 11	
6	Eastlake		49.82
	1) #471 Peyton Glennon-Robbins 1	2) #472 Ava Hagwell 12	
	3) #476 Peyton Quinto 12	4) #477 Sofia Robe 12	
	5) #474 Alison Plagge 12	6) #475 Marisa Prock 12	
	7) #469 Holly Carroll 10	8) #481 Sophia Tedrow 10	
7	Gonzaga Prep		50.37
	1) #800 Hannah Boyum 10	2) #805 Rhyan Madden 12	
	3) #807 Kaylin McMahon 10	4) #806 Olivia McIntyre 10	
	5) #809 Katie Schmidt 12	6) #810 Izabella Yim 12	
	7) #803 Ari Everitt 9	8) #802 Corinne Duchesne 11	
8	Wenatchee		50.50
	1) #2250 Sam DeLay 11	2) #2249 Areanna Carreon 10	
	3) #2252 Zoe Gonzales 12	4) #2247 Eloise Bolles 12	
	5) #2246 Ava Jo Berry 10	6) #2259 Sadie Sullivan 9	

Heat 2 of 2 Prelims

1	Emerald Ridg	50.86
	1) #592 Emma Sevener 11	2) #587 Lilia Husarik 9
	3) #583 Bernice Biembongo 11	4) #594 Semaj'ayana Williams 9
	5) #585 Mikayla Gardley 11	6) #588 Meggie Kilcup 11
	7) #584 Monique Carter 12	8) #595 Kyra Wise 11
2	Moses Lake	50.14
	1) #1300 Kaiya Char 10	2) #1303 Kailee Kellum 12
	3) #1302 Miciah Higley 9	4) #1299 Addy Burns 9
	5) #1304 Sydney Macdonald 12	6) #1298 Madison Bond 10
	7) #1301 Ingrid De La Rosa 10	
3	Rogers (Puya)	49.75
	1) #1728 Gracie Gervacio 11	2) #1725 Alyce Chappelle 10
	3) #1731 Laniya Jones 10	4) #1730 Lakiya Jack 9
	5) #1727 Aubrey Erath 10	6) #1737 Lindy Strowbridge 9
	7) #1732 Janae Morrison 12	8) #1734 Kiara Scheidt 10
4	Kamiakin	48.73
	1) #973 Danica Helms 11	2) #974 Aubrey Herrin 10
	3) #970 Kate Christian 12	4) #977 Adelyn Mitchell 11
	5) #972 Louesa Gledhill 10	6) #978 Nikole Thomas 12
	7) #971 Claire Erickson 9	8) #976 Hannah Kennell 11
5	Curtis	48.42
	1) #426 Noelle Lordahl 12	2) #429 Ava Simms 12
	3) #427 Azariah Miller 10	4) #432 Lenice Walston 12
	5) #430 Frankie Skipper 9	6) #424 Shelby Duah 9
	7) #422 Naomi Allison 12	8) #425 Jaileigh Jennings 9
6	Kennedy Cath	49.73
	1) #989 Nadia Ray 11	2) #991 Jayden Sturdivant 9
	3) #992 Charlotte Vimeux 10	4) #993 Saniyah Wheeler 12
	5) #990 Madeline Storhoff 12	
7	Glacier Peak	50.13
	1) #775 Alexandra Brown 10	2) #778 Keira Fleenor 10
	3) #782 Ella Seelhoff 11	4) #784 Jana Willems 12
	5) #780 Gabrielle Henrie 11	6) #776 Dylan Carman 11
	7) #779 Jordan Gaffney 11	8) #783 Madison Stumpf 11
8	Richland	50.82
	1) #1676 Hailey Summers 11	2) #1671 Alyssa Marsh 11
	3) #1672 Gracie Moss 11	4) #1668 Naly Khamlue-pratt 9
	5) #1674 Maja SchÅldberg 12	6) #1666 Julia French 11
	7) #1670 Lillie Mann 10	8) #1669 Emry Law 10

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium

Meet Program

Event 327 Girls 4x200 Meter Relay 4A**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/25/2023 - 4:40 PM****State Meet: 1:39.12 1983****Phillips, Cunningham, Clack, Walker**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Curtis		1:42.57
	1) #432 Lenice Walston 12	2) #426 Noelle Lordahl 12	
	3) #427 Azariah Miller 10	4) #429 Ava Simms 12	
	5) #430 Frankie Skipper 9	6) #424 Shelby Duah 9	
	7) #425 Jaileigh Jennings 9	8) #428 Selana Morales 9	
2	Graham-Kapow		1:44.12
	1) #812 Lavender Bel 12	2) #814 Yuna Daniels 10	
	3) #816 Kamisha Hurse 12	4) #819 Grace Peterson 12	
	5) #813 Keilani (Keki) Bertomeu 11	6) #820 Ruby Stoehsler 10	
	7) #822 Talisa Wright 10		
3	Mt Si		1:44.45
	1) #1330 Bailey Hall 12	2) #1334 Scooby Reid 12	
	3) #1332 Sophia Kono 9	4) #1331 Giovanna Hansen 10	
	5) #1327 Rachel Arnold 10	6) #1329 Ruth Groscoast 11	
	7) #1335 Emily Rodriguez 9	8) #1336 Hailey Weir 11	
4	Lake Stevens		1:44.96
	1) #1045 Perla Ruiz 12	2) #1041 Olivia Fast 10	
	3) #1048 Brianna Tilghman 9	4) #1046 Jada Sarrys 11	
	5) #1040 Tatum Erickson 10	6) #1042 Avery Lagerstrom 10	
	7) #1038 Madisen Bowers 12	8) #1044 Camryn Peterson 11	
5	Skyline		1:45.50
	1) #1934 Sophia Miele 10	2) #1932 Haley Engstrom 10	
	3) #1929 Noor Badran 11	4) #1933 Quinn Manley 10	
	5) #1937 Sasha Rana 10	6) #1935 Reed Moore 10	
	7) #1939 Jantamane Stibbe 9	8) #1938 Ruby Riskin 11	
6	Tahoma		1:46.66
	1) #2133 Aurora Simmons 12	2) #2124 Ava Foy 10	
	3) #2129 Jordan Ramsey 10	4) #2135 Julia Stuard 12	
	5) #2125 Sofia Guevara 10	6) #2128 Ariana Mercado 11	
	7) #2134 Addelyn Sinclair 9	8) #2130 Peyton Ruud 10	
7	Camas		1:46.71
	1) #225 Maile Yancey 11	2) #213 Savannah Garden 11	
	3) #220 Kalei Moravitz 12	4) #217 Eliisa Marshall 10	
	5) #224 Pyper Wise-Cruz 12	6) #214 Amara Harris 11	
	7) #222 Rebecca Peddie 10	8) #223 Gabriella Thompson 9	
8	Moses Lake		1:47.60
	1) #1302 Miciah Higley 9	2) #1299 Addy Burns 9	
	3) #1298 Madison Bond 10	4) #1300 Kaiya Char 10	
	5) #1304 Sydney Macdonald 12	6) #1303 Kailee Kellum 12	
	7) #1301 Ingrid De La Rosa 10		

Heat 2 of 2 Prelims

1	Kamiakin		1:43.41
	1) #973 Danica Helms 11	2) #974 Aubrey Herrin 10	
	3) #970 Kate Christian 12	4) #977 Adelyn Mitchell 11	
	5) #976 Hannah Kennell 11	6) #971 Claire Erickson 9	
	7) #978 Nikole Thomas 12	8) #972 Louesa Gledhill 10	
2	Gonzaga Prep		1:43.73
	1) #805 Rhyan Madden 12	2) #806 Olivia McIntyre 10	
	3) #800 Hannah Boyum 10	4) #807 Kaylin McMahan 10	
	5) #810 Izabella Yim 12	6) #801 Abby DeDonato 9	
	7) #809 Katie Schmidt 12	8) #803 Ari Everitt 9	
3	Richland		1:44.47
	1) #1667 Kylie Gilmore 11	2) #1668 Naly Khamlue-pratt 9	
	3) #1676 Hailey Summers 11	4) #1671 Alyssa Marsh 11	
	5) #1669 Emry Law 10	6) #1674 Maja SchÅldberg 12	
	7) #1666 Julia French 11	8) #1675 Jazmyn Soldat 11	
4	Eastlake		1:44.68
	1) #471 Peyton Glennon-Robbins 1	2) #477 Sofia Robe 12	
	3) #476 Peyton Quinto 12	4) #472 Ava Hagwell 12	
	5) #475 Marisa Prock 12	6) #469 Holly Carroll 10	
	7) #481 Sophia Tedrow 10	8) #474 Alison Plagge 12	
5	Kennedy Cath		1:46.09
	1) #989 Nadia Ray 11	2) #991 Jayden Sturdivant 9	
	3) #992 Charlotte Vimeux 10	4) #993 Saniyah Wheeler 12	
	5) #990 Madeline Storhoff 12		
6	Eastmont		1:46.55
	1) #505 Maggie Scaramozzino 10	2) #499 Noelia Johnson 9	
	3) #507 Helen Schumaker 12	4) #494 Kaylen Greer 12	
	5) #498 Liliana Johnson 11	6) #506 Dylan Schmitt 12	
	7) #496 Rachael Hamilton 12	8) #495 Lena Haberlock 9	
7	Rogers (Puya)		1:47.06
	1) #1728 Gracie Gervacio 11	2) #1725 Alyce Chappelle 10	
	3) #1729 Elena Iniguez 11	4) #1727 Aubrey Erath 10	
	5) #1726 Anya DeBoer 9	6) #1731 Laniya Jones 10	
	7) #1724 Kylee Bolei 10	8) #1734 Kiara Scheidt 10	
8	Federal Way		1:47.26
	1) #651 Marina Velasco Bono 9	2) #653 Karma Walker 12	
	3) #650 Kira Angel Marshall 10	4) #654 Soukhanya Waters 10	
	5) #649 Anaiya Lewis 12	6) #652 Keilani Vongsady 12	
	7) #646 Helayna Bonilla 11	8) #648 Jazlyn Jones 11	

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium

Meet Program

Event 328 Girls 4x400 Meter Relay 4A**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/25/2023 - 6:40 PM****State Meet: 3:48.95 2015 Issaquah****C Lertkantitham, S Corman, B Foons, N Stephens**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Rogers (Puya)		4:10.95
	1) #1732 Janae Morrison 12	2) #1725 Alyce Chappelle 10	
	3) #1727 Aubrey Erath 10	4) #1724 Kylee Bolei 10	
	5) #1726 Anya DeBoer 9	6) #1729 Elena Iniguez 11	
	7) #1735 Payton Seaburg 10	8) #1733 Raven Sanders 12	
2	Emerald Ridg		4:06.45
	1) #585 Mikayla Gardley 11	2) #588 Meggie Kilcup 11	
	3) #584 Monique Carter 12	4) #582 Emme Bates 12	
	5) #594 Semaj'ayana Williams 9	6) #587 Lilia Husarik 9	
	7) #581 Lis Barnes 10	8) #590 Maren Nealon 10	
3	Issaquah		4:01.82
	1) #920 Sena Pittman 10	2) #915 Ilora Farren 11	
	3) #919 Sophie Penton 9	4) #922 Katherine Yahn 12	
	5) #914 Riley Eberhardt 10	6) #917 Mary Jane Harig 11	
	7) #913 Nora Doyle-Newe 9	8) #918 Daniela Jaeschke 9	
4	Central Vall		4:01.68
	1) #297 Halle Mendenhall 9	2) #298 Eden Sander 10	
	3) #293 Keana Gosney 10	4) #290 Nicole Bissell 12	
	5) #292 Avery Bringhurst 10	6) #296 Holly Meadows 12	
	7) #291 Italia Bradford 11	8) #294 Davina Kostecka 10	
5	Mt Si		3:59.54
	1) #1327 Rachel Arnold 10	2) #1335 Emily Rodriguez 9	
	3) #1331 Giovanna Hansen 10	4) #1336 Hailey Weir 11	
	5) #1329 Ruth Groscoast 11	6) #1328 Hailey Cossey 10	
	7) #1330 Bailey Hall 12	8) #1334 Scooby Reid 12	
6	Gonzaga Prep		4:04.69
	1) #801 Abby DeDonato 9	2) #807 Kaylin McMahon 10	
	3) #805 Rhyan Madden 12	4) #806 Olivia McIntyre 10	
	5) #808 Teagan Rucker 9	6) #800 Hannah Boyum 10	
	7) #804 Elena Ganea 10	8) #810 Izabella Yim 12	
7	Wenatchee		4:04.87
	1) #2257 Kara Norland 12	2) #2252 Zoe Gonzales 12	
	3) #2247 Eloise Bolles 12	4) #2253 Allie Knoop 9	
	5) #2248 Izzie Brown 11	6) #2256 Karen McIver 11	
8	Tahoma		4:06.88
	1) #2135 Julia Stuard 12	2) #2132 Sara Sanders 12	
	3) #2123 Ashlyn Dary 11	4) #2127 Brooke Lyons 12	
	5) #2122 Kylie Castleman 12	6) #2131 Kate Sanders 12	
	7) #2121 Ella Benjamin 11	8) #2136 Natalie Stuard 9	

Heat 2 of 2 Prelims

1	Sumner		4:08.14
	1) #2107 Madison Cocke 9	2) #2108 Violet Dixon 9	
	3) #2106 Amara Brown 10	4) #2105 Delaney Bliss 11	
	5) #2109 Shai Gray 10		
2	Chiawana		4:05.43
	1) #340 Presley Smith 11	2) #337 Mary Nakamura 12	
	3) #332 Brielle Davis 12	4) #335 Emma Gis 10	
	5) #341 Jessikah Suarez 11	6) #331 Ashlin Blair 10	
	7) #336 Hailee Mendez 12	8) #338 Carley Nelson 11	
3	Skyview		4:04.20
	1) #1952 Daphne Evenson 10	2) #1955 Emem Ntekpere 12	
	3) #1956 Evelyn Reed 10	4) #1951 Dea Covarrubias 10	
	5) #1957 Brynnlee Williams 9		
4	Camas		3:59.76
	1) #222 Rebecca Peddie 10	2) #220 Kalei Moravitz 12	
	3) #214 Amara Harris 11	4) #217 Eliisa Marshall 10	
	5) #224 Pyper Wise-Cruz 12	6) #219 Amelia Merritt 12	
	7) #218 Bethany McKinstry 10	8) #221 Natalie Peddie 12	
5	Eastlake		4:00.20
	1) #470 Alyssa Flindt 12	2) #479 Sally Roos 10	
	3) #476 Peyton Quinto 12	4) #472 Ava Hagwell 12	
	5) #478 Jane Roos 10	6) #480 Erin Schmidlin 12	
	7) #469 Holly Carroll 10	8) #475 Marisa Prock 12	
6	Kamiak		4:02.30
	1) #955 Annabelle Heiman 12	2) #951 Emma Barrett 10	
	3) #957 Natalie Roberts 11	4) #952 Kalia Estes 12	
	5) #956 Yusleny Rangel 10	6) #953 Nayella George 12	
7	Eastmont		4:05.42
	1) #498 Liliana Johnson 11	2) #496 Rachael Hamilton 12	
	3) #507 Helen Schumaker 12	4) #494 Kaylen Greer 12	
	5) #506 Dylan Schmitten 12	6) #508 Emma Troxler 9	
	7) #501 Hannah Mikkelsen 12	8) #500 Adrianna Klinkenberg 12	
8	Olympia		4:10.34
	1) #1477 Amy Broek 10	2) #1478 Samantha Christy 11	
	3) #1481 Sydney Kosa 9	4) #1484 Jenna Rigg 11	
	5) #1480 Jordan Gram 12	6) #1485 Maegan Shen 9	

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium

Meet Program

Event 329 Girls High Jump 4A

Friday 5/26/2023 - 3:00 PM

Starting Height 4'-6"

Up by 2"

when 4 or less up by 1"

State Meet:		6-01	1983	Mary Moore	
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	2329 Emma Guike	9	Skyline	4-10.00	
2	109 Rutendo Guzha	10	Bellarmine P	4-10.00	
3	1051 Isabel Wanstrom	10	Lake Stevens	4-10.00	
4	431 Elizabeth Velychko	11	Curtis	5-00.00	
5	2 Camryn Birch	12	A.C. Davis	5-00.00	
6	1049 Hayli Tri	12	Lake Stevens	5-00.00	
7	1304 Sydney Macdonald	12	Moses Lake	5-00.00	
8	921 Courtney Smith	12	Issaquah	5-00.00	
9	827 Ashley Parker	12	Hanford	5-00.00	
10	593 Grace Wesenberg	11	Emerald Ridg	5-00.00	
11	1956 Evelyn Reed	10	Skyview	5-02.00	
12	974 Aubrey Herrin	10	Kamiakin	5-02.00	
13	223 Gabriella Thompson	9	Camas	5-02.00	
14	824 Landry Allen	10	Hanford	5-04.00	
15	1955 Emem Ntekpere	12	Skyview	5-06.00	
16	586 JaiCieonna Gero-Holt	10	Emerald Ridg	5-10.00	

Event 330 Girls Pole Vault 4A

Friday 5/26/2023 - 9:00 AM

Starting Height 9'-0"

Up By 6"

when 4 or less up by 3"

State Meet:		13-01.50	5/27/2022	Isabella Nilsen	
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	2251 Courtney Dodge	12	Wenatchee	9-06.00	
2	502 Paige Overton	10	Eastmont	10-00.00	
3	216 Grace-Morgan Lukens	11	Camas	10-00.00	
4	423 Amelia Baylor	12	Curtis	10-00.00	
5	648 Jazlyn Jones	11	Federal Way	10-00.00	
6	828 Katelyn Wolfert	10	Hanford	10-00.00	
7	212 Karina Cooper	10	Camas	10-06.00	
8	2175 Ava Pawlowski	10	Union	10-06.00	
9	295 Ella Lamoreaux	12	Central Vall	10-06.00	
10	2120 Effie Armstrong	10	Tahoma	10-06.00	
11	861 Sydney Mohlman	12	Henry Jackso	11-00.00	
12	1483 Claire Lee	12	Olympia	11-06.00	
13	179 Avery Gessel	9	Bothell	11-06.00	
14	1038 Madisen Bowers	12	Lake Stevens	11-06.00	
15	903 Jacqueline Jones	10	Inglemoor	12-03.00	
16	824 Landry Allen	10	Hanford	12-06.00	

Event 331 Girls Long Jump 4A

Saturday 5/27/2023 - 9:30 AM

2 flights, 9 into the finals

State Meet: 19-09 1994

LaShonda Christopher

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	990 Madeline Storhoff	12	Kennedy Cath	16-02.50	
2	954 Bella Hasan	11	Kamiak	16-05.25	
3	2109 Shai Gray	10	Sumner	16-06.50	
4	1236 Angela Rodriguez-Frias	12	Mariner	16-06.50	
5	810 Izabella Yim	12	Gonzaga Prep	16-06.75	
6	108 Faizah Ford	11	Battle Groun	16-07.75	
7	503 Sayla Pepple	11	Eastmont	16-09.50	
8	340 Presley Smith	11	Chiawana	16-11.00	
Flight 2 of 2 Finals					
1	807 Kaylin McMahon	10	Gonzaga Prep	17-01.50	
2	429 Ava Simms	12	Curtis	17-01.50	
3	471 Peyton Glennon-Robbins	10	Eastlake	17-02.00	
4	177 Zia-Daye Anderson	9	Bothell	17-04.00	
5	1025 Vai Green	12	Kentwood	17-04.50	
6	1303 Kailee Kellum	12	Moses Lake	17-06.25	
7	586 JaiCieonna Gero-Holt	10	Emerald Ridg	18-09.75	
8	645 Cassandra Atkins	11	Federal Way	18-10.75	

Event 332 Girls Triple Jump 4A

Thursday 5/25/2023 - 5:40 PM

2 flights of 8, 9 into the finals

State Meet: 43-06

5/26/2018

Lexi Ellis

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	1298 Madison Bond	10	Moses Lake	33-06.00	
2	1304 Sydney Macdonald	12	Moses Lake	33-07.75	
3	110 Beatrice Hunt	11	Bellarmine P	34-02.00	
4	1635 Alice Kim	11	Redmond	34-03.75	
5	1673 Sydney O'Niel	11	Richland	34-05.00	
6	427 Azariah Miller	10	Curtis	34-09.75	
7	340 Presley Smith	11	Chiawana	34-11.00	
8	912 Domfo Abekah	10	Issaquah	35-02.00	
Flight 2 of 2 Finals					
1	1043 Claire McGourty	12	Lake Stevens	35-03.25	
2	1734 Kiara Scheidt	10	Rogers (Puya)	35-05.50	
3	904 Lauren Vesely	10	Inglemoor	35-07.50	
4	1479 Samantha Engelken	10	Olympia	35-07.75	
5	2109 Shai Gray	10	Sumner	35-11.00	
6	2174 Rose Lappavong	12	Union	36-02.25	
7	974 Aubrey Herrin	10	Kamiakin	38-11.00	
8	645 Cassandra Atkins	11	Federal Way	40-02.25	

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 333 Girls Shot Put 4A****Friday 5/26/2023 - 10:20 AM**

2 flights, 9 into the finals

Flight 1 of 2 Ambulatory goes with

State Meet: 47-01.50 2001 Cherron Davis

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	1235 Anna Camara	12	Mariner	33-02.00
2	2255 Maya Mathena	10	Wenatchee	33-05.75
3	591 Addison Ogden	11	Emerald Ridg	34-08.75
4	815 Kymri Euell	12	Graham-Kapow	35-00.00
5	781 Madison McCallum	10	Glacier Peak	35-04.50
6	1736 Divinity Singleton	12	Rogers (Puya)	35-05.00
7	777 Lesieli Fifita	12	Glacier Peak	35-05.00
8	647 Sonya Faamalele	12	Federal Way	35-06.25

Flight 2 of 2 Finals

1	589 Emma Morrison	11	Emerald Ridg	35-07.25
2	1324 Briana Diaz	12	Mt Rainier	35-08.00
3	333 Emily Dawes	12	Chiawana	36-05.75
4	504 Ellie Prazer	12	Eastmont	36-09.00
5	339 Malia Ruud	10	Chiawana	37-00.00
6	975 Camia Howard	11	Kamiakin	37-03.50
7	1987 Grace Degarimore	11	South Kitsap	37-06.25
8	178 Haedyn Bambolo	12	Bothell	46-00.00

Event 334 Girls Discus Throw 4A**Saturday 5/27/2023 - 9:30 AM**

2 flights of 8, 9 into the finals

State Meet: 164-10 1987 Tracie Millett

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	1736 Divinity Singleton	12	Rogers (Puya)	98-00
2	1475 Lydia Bailey	10	Olympia	101-01
3	446 Silaulau Alefaio	10	Decatur	108-01
4	215 Hannah Kim	12	Camas	110-04
5	1987 Grace Degarimore	11	South Kitsap	110-10
6	958 Avery Stengele	12	Kamiak	113-00
7	339 Malia Ruud	10	Chiawana	113-02
8	334 Avery Douglas	10	Chiawana	114-02

Flight 2 of 2 Finals

1	647 Sonya Faamalele	12	Federal Way	116-09
2	1050 Keira Isabelle Tupua	9	Lake Stevens	118-03
3	591 Addison Ogden	11	Emerald Ridg	123-03
4	504 Ellie Prazer	12	Eastmont	125-02
5	1404 Lauren Simicich	11	North Creek	126-00
6	333 Emily Dawes	12	Chiawana	126-06
7	545 Mary Mickelson	12	Eisenhower	130-07
8	178 Haedyn Bambolo	12	Bothell	134-09

Event 335 Girls Javelin Throw 4A**Thursday 5/25/2023 - 3:00 PM**

2 flights of 8, 9 into the finals

State Meet: 154-06 5/26/2018 Tanya Simora

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	860 Bailey Board	11	Henry Jackso	102-08
2	1476 Susannah Barnett	11	Olympia	105-04
3	988 HoKu Matsushima	11	Kennedy Cath	107-01
4	1482 Annabella Larson	11	Olympia	108-03
5	2126 Aon Kreman	12	Tahoma	110-00
6	953 Nayella George	12	Kamiak	110-08
7	544 Alexia Lee	12	Eisenhower	113-10
8	2258 Brianna Sackman	11	Wenatchee	114-11

Flight 2 of 2 Finals

1	1988 Rylee Filbert	11	South Kitsap	115-08
2	473 Addison Kapur	10	Eastlake	118-02
3	1987 Grace Degarimore	11	South Kitsap	119-06
4	969 Devyn Chelin	12	Kamiakin	120-11
5	1049 Hayli Tri	12	Lake Stevens	122-00
6	968 Reagan Bybee	12	Kamiakin	124-00
7	586 JaiCieonna Gero-Holt	10	Emerald Ridg	127-08
8	1678 Baylee Wroble	11	Richland	132-05

Event 401 Boys 100 Meter Run Wheelchair Wheel Chair**Friday 5/26/2023 - 11:00 AM**

State Meet: 16.75 2009 Jose Adriano

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
5	74 Zachary Heckinger	9	Auburn Mount	23.50
6	618 Benjamin Belino	11	Ephrata	21.64

Event 402 Girls 100 Meter Run Wheelchair Wheel Chair**Friday 5/26/2023 - 11:35 AM**

State Meet: 19.23 5/24/2019 Hannah Dederick

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	321 Caitlin Shaffer	9	Cheney	28.57

Event 403 Boys 400 Meter Run Wheelchair Wheel Chair**Friday 5/26/2023 - 3:35 PM**

State Meet: 54.99 5/24/2019 Jackson Atwood

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
5	618 Benjamin Belino	11	Ephrata	1:17.89

Event 405 Boys 800 Meter Run Wheelchair Wheel Chair**Saturday 5/27/2023 - 10:50 AM**

State Meet: 1:55.50 2009 Kaleb Kallappa

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	618 Benjamin Belino	11	Ephrata	2:41.73