

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 135 Girls Javelin Throw 2A****Friday 5/26/2023 - 10:00 AM**

2 flights of 8, 9 into the finals

State Meet: 167-09 2011 Christine Kirkwood

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	132 Jayda Knutsen	9	Bellingham	92-04	
2	1112 Saya Barber	10	Lakewood	95-04	
3	372 Aliana Riviere	10	Clover Park	95-11	
4	1509 Rian Aten	12	Orting	96-08	
5	697 Alofasau Saole	11	Foster	101-00	
6	700 Angelina Vo	12	Foster	101-04	
7	20 Hanna Ferrario	10	Anacortes	103-06	
8	2201 Grace Simpson	10	W F West	105-09	

Flight 2 of 2 Finals

1	1878 Olivia Henry	12	Shelton	105-10	
2	2200 Morgan Rogerson	12	W F West	107-07	
3	674 Vinisha Celis	12	Fife	108-06	
4	1574 Avery Barnhart	10	Prosser	110-00	
5	1839 Kieryann Mattson	12	Selah	111-02	
6	1863 Abbey Flerchinger	11	Shadle Park	111-05	
7	602 Natalie DeMarco	11	Enumclaw	114-09	
8	2195 Amanda Bennett	10	W F West	115-06	

Event 201 Boys 100 Meter Dash 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 11:00 AM**

State Meet: 10.35 1997 Ja'Warren Hooker

Lane	Name	Yr	School	Seed	Time
Heat 1 of 3 Prelims					
1	1011 Jayden Saelee	11	Kent Meridia	11.31	
2	125 Ishaan Daniels	12	Bellevue	11.08	
3	1247 Nicholas Robinson	12	Marysville-P	11.06	
4	1229 Zaire Griffin	10	Lynnwood	10.76	
5	176 Cooper Wilson	12	Bonney Lake	10.99	
6	1455 Jayden Boyles	11	Oak Harbor	11.01	
7	1180 Caleb Lenard	12	Lincoln (Tac)	11.26	
Heat 2 of 3 Prelims					
1	642 Jonathan Landry	12	Evergreen (V)	11.39	
2	1633 Reymani Lopez	12	Rainier Beac	11.11	
3	1087 Jayce Yeung	11	Lake Washing	11.05	
4	1296 Mason Davis	10	Monroe	10.98	
5	520 Branden Ganashamoorthy	12	Eastside Cat	10.84	
6	1147 Jackson Moffitt	10	Liberty (Iss)	11.01	
7	83 Carter Rhooms	12	Auburn River	11.17	
Heat 3 of 3 Prelims					
1	1922 Dominick Dirton	12	Silas	11.13	
2	1456 Ej Delacruz	12	Oak Harbor	11.03	
3	1997 Lucien Cone	12	Southridge	10.91	
4	1168 Akeem Murph Jr	10	Lincoln (Sea)	10.95	
5	2004 Nicholas Landon	12	Southridge	11.02	
6	2028 Da'Shawn Sands	11	Spanaway Lak	11.16	

Event 202 Boys 200 Meter Dash 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 5:20 PM**

State Meet: 21.01 5/28/2022 Will Floyd

Lane	Name	Yr	School	Seed	Time
Heat 1 of 3 Prelims					
2	736 Tayden Blue	11	Garfield	22.71	
3	249 Braxton Claridy	12	Capital	22.21	
4	1258 Dominick Corley	11	Mead	21.49	
5	773 Ben Stevens	11	Gig Harbor	22.17	
6	1143 Sutton Flint	9	Liberty (Iss)	22.45	
7	324 Braxton Hinton	12	Cheney	22.46	
8	734 Tawaf Aboudou	11	Garfield	22.74	
Heat 2 of 3 Prelims					
2	2028 Da'Shawn Sands	11	Spanaway Lak	22.50	
3	1979 Avery Keith	12	Snohomish	22.21	
4	2220 Jake Hisaw	12	Walla Walla	21.56	
5	1229 Zaire Griffin	10	Lynnwood	22.17	
6	1455 Jayden Boyles	11	Oak Harbor	22.45	
7	1386 Dalton Kurtz-Rios	11	Mt Vernon	22.60	
8	1168 Akeem Murph Jr	10	Lincoln (Sea)	22.77	
Heat 3 of 3 Prelims					
1	1013 Josiah Johnson	10	Kentlake	22.92	
2	125 Ishaan Daniels	12	Bellevue	22.55	
3	1234 Jordan Whittle	12	Lynnwood	22.42	
4	1147 Jackson Moffitt	10	Liberty (Iss)	21.96	
5	176 Cooper Wilson	12	Bonney Lake	21.90	
6	2004 Nicholas Landon	12	Southridge	22.31	
7	1922 Dominick Dirton	12	Silas	22.55	
8	765 Ayden Fink	11	Gig Harbor	22.81	

Event 203 Boys 400 Meter Dash 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 3:35 PM**

State Meet: 46.23 1997 Ja'Warren Hooker

Lane	Name	Yr	School	Seed	Time
Heat 1 of 3 Prelims					
1	1909 Avery Lagasca	11	Shorewood	51.43	
2	1075 Eric de Oliveira	10	Lake Washing	50.67	
3	768 Nick Grover	12	Gig Harbor	50.60	
4	1147 Jackson Moffitt	10	Liberty (Iss)	49.10	
5	1354 Jackson Hale	12	Mt Spokane	49.99	
6	879 Landon Shilhanek	11	Hermiston	50.01	
7	1150 Juan Pablo Sanchez	12	Liberty (Iss)	51.40	
Heat 2 of 3 Prelims					
1	1109 Sentoa Leapai	10	Lakes	51.47	
2	1234 Jordan Whittle	12	Lynnwood	50.96	
3	249 Braxton Claridy	12	Capital	50.07	
4	1979 Avery Keith	12	Snohomish	49.32	
5	773 Ben Stevens	11	Gig Harbor	49.93	
6	83 Carter Rhooms	12	Auburn River	50.48	
7	1564 Ethan Cabral	11	Prairie	51.35	

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Heat 3 of 3 Prelims...(Event 203 Boys 400 Meter Dash 3A)

1	1910 Aidan MacDonald	9 Shorewood	51.15
2	734 Tawaf Aboudou	11 Garfield	50.11
3	1353 Boden Gardner	11 Mt Spokane	49.67
4	176 Cooper Wilson	12 Bonney Lake	49.55
5	844 Kenyon Andrews	9 Hazen	50.37
6	62 Dallas Miller	11 Arlington	51.02
7	1170 Julian Starnes	10 Lincoln (Sea)	51.66

Event 204 Boys 800 Meter Run 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/26/2023 - 11:55 AM**

State Meet: 1:50.56 2012 Izaic Yorks

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	175 Simon Swai	10 Bonney Lake	2:01.57
3	1014 Ethan Mitchell	12 Kentlake	1:59.26
4	162 Will Sandnes	11 Bishop Blanc	1:55.53
5	59 Kellen Langford	12 Arlington	1:52.40
6	1385 Nicholas Hoyer	10 Mt Vernon	1:55.48
7	1290 Brooks Enge	12 Mercer Islan	1:56.48
8	1888 George Fernandez	12 Shorecrest	1:56.62

Heat 2 of 3 Prelims

2	2021 Malachi Corey	12 Spanaway Lak	2:02.24
3	1573 Ayden Walker	11 Prairie	1:59.26
4	1141 Ben Archer	12 Liberty (Iss)	1:55.76
5	1361 Ben Sonneland	12 Mt Spokane	1:54.74
6	1352 Kade Brownell	10 Mt Spokane	1:55.47
7	1985 Kai Yoder	10 Snohomish	1:56.34
8	1169 Owen Schneider	11 Lincoln (Sea)	1:56.66

Heat 3 of 3 Prelims

2	2319 Paul Manwiller	12 Yelm	2:02.46
3	767 Micah Galeana	12 Gig Harbor	1:57.19
4	1166 Evan Kelly	12 Lincoln (Sea)	1:56.05
5	159 Drew Oliver	12 Bishop Blanc	1:54.79
6	1911 Keiyu Mamiya	11 Shorewood	1:55.04
7	707 Keith Hunter	11 Franklin (Wa)	1:56.29
8	771 Jonathan Miles	11 Gig Harbor	1:56.84

Event 205 Boys 1600 Meter Run 3A**Thursday 5/25/2023 - 5:45 PM**

1-8 start in lane 5-8

9- 23 start in lane 1-8

State Meet: 4:04.77 2012 Izaic Yorks

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	59 Kellen Langford	12 Arlington	4:12.30
2	1104 Cruize Corvin	12 Lakes	4:12.62
3	1352 Kade Brownell	10 Mt Spokane	4:12.92
4	767 Micah Galeana	12 Gig Harbor	4:13.37
5	161 Vincent Recupero	10 Bishop Blanc	4:14.40
6	1292 Owen Powell	10 Mercer Islan	4:15.01
7	1793 Jack Henzke	11 Seattle Prep	4:14.54
8	159 Drew Oliver	12 Bishop Blanc	4:15.24
9	1111 Zander (Alexander) Trev	12 Lakes	4:15.33
10	2219 Brody Hartley	12 Walla Walla	4:15.64
11	2323 Zachary Walsh	12 Yelm	4:15.78
12	163 William Schneider	12 Bishop Blanc	4:15.79
13	1141 Ben Archer	12 Liberty (Iss)	4:16.03
14	162 Will Sandnes	11 Bishop Blanc	4:16.09
15	155 Johnny DiMartino	12 Bishop Blanc	4:16.41
16	1364 Parker Westermann	10 Mt Spokane	4:17.46
17	1890 Luke Schmidt	12 Shorecrest	4:18.29
18	1385 Nicholas Hoyer	10 Mt Vernon	4:18.89
19	1907 Otto Erhart	10 Shorewood	4:19.29
20	1911 Keiyu Mamiya	11 Shorewood	4:19.42
21	287 Blake Reynolds	11 Central Kits	4:19.49
22	766 Preston Fradet	11 Gig Harbor	4:19.62
23	771 Jonathan Miles	11 Gig Harbor	4:21.78

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Meet Program

Event 206 Boys 3200 Meter Run 3A**Saturday 5/27/2023 - 2:45 PM**

1-8 start in lane 5-8

9- 23 start in lane 1-8

State Meet: 8:46.87 5/26/2018 James Mwaura

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	287 Blake Reynolds	11	Central Kits	9:26.26
2	323 Calvin Hilton	10	Cheney	9:22.46
3	1360 Ben Smith	12	Mt Spokane	9:17.48
4	2323 Zachary Walsh	12	Yelm	9:22.65
5	163 William Schneider	12	Bishop Blanc	9:18.43
6	1890 Luke Schmidt	12	Shorecrest	9:20.97
7	1146 Thomas Manson	11	Liberty (Iss	9:24.14
8	762 Tyler Campbell	12	Gig Harbor	9:25.69
9	1773 Camden Jaureguy	12	Roosevelt (W	9:23.41
10	1793 Jack Henzke	11	Seattle Prep	9:16.83
11	2223 Ian Lash	10	Walla Walla	9:22.40
12	1364 Parker Westermann	10	Mt Spokane	9:06.37
13	1104 Cruize Corvin	12	Lakes	9:10.11
14	1292 Owen Powell	10	Mercer Islan	9:08.20
15	2219 Brody Hartley	12	Walla Walla	9:05.60
16	161 Vincent Recupero	10	Bishop Blanc	9:09.10
17	766 Preston Fradet	11	Gig Harbor	9:26.27
18	1906 Max Billett	9	Shorewood	9:27.59
19	1111 Zander (Alexander) Trev	12	Lakes	9:27.64
20	1544 Logan Parrish	12	Peninsula	9:29.20
21	1907 Otto Erhart	10	Shorewood	9:29.42
22	56 Grady Fournier	10	Arlington	9:29.62
23	66 Lucas Spurling	10	Arlington	9:33.54

Event 207 Boys 110 Meter Hurdles 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Thursday 5/25/2023 - 4:05 PM**

State Meet: 13.86 1987 Cecil Bowie

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	1315 Kyle Chen	12	Mountain Vie	15.60
2	2220 Jake Hisaw	12	Walla Walla	15.07
3	1177 Jonathan Frazier	12	Lincoln (Tac	14.43
4	2018 Andrew Bell	11	Spanaway Lak	14.98
5	852 Maxwell Roberson	11	Hazen	15.53
6	1323 Calvin Hume	12	Mountlake Te	15.81
7	542 Ever Yamada	10	Edmonds-Wood	15.82
Heat 2 of 3 Prelims				
1	1390 Amare Preau	10	Mt Vernon	15.94
2	1010 Joel Remos	11	Kent Meridia	15.80
3	2145 Peyton Willard	12	Timberline	15.12
4	1794 Drew Velling	11	Seattle Prep	14.62
5	735 Finn Albright	12	Garfield	14.95
6	1632 Eyoub Endris	11	Rainier Beac	15.40
7	706 Truman Coburn	10	Franklin (Wa	15.63

Heat 3 of 3 Prelims

1	53 Nicholas Cunningham	12	Arlington	15.98
2	1912 Jaden Marlow	9	Shorewood	15.66
3	1085 Kurt Schimmel	11	Lake Washing	15.40
4	1402 Cameron Dewey	11	North Centra	14.78
5	998 Jackson Burns	11	Kennewick	14.72
6	2318 Jordan Lasher	11	Yelm	15.13
7	1101 Richard Baker	11	Lakes	15.65

Event 208 Boys 300 Meter Hurdles 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 1:05 PM**

State Meet: 37.11 5/26/2017 Cass Elliott

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	1373 Derrick Mckinney	12	Mt Tahoma	41.16
2	128 Blake Teets	11	Bellevue	40.38
3	63 Ryan Rushton	12	Arlington	39.65
4	1794 Drew Velling	11	Seattle Prep	39.34
5	2220 Jake Hisaw	12	Walla Walla	38.71
6	736 Tayden Blue	11	Garfield	40.26
7	1015 Trevontay Richardson	12	Kentlake	41.02
Heat 2 of 3 Prelims				
1	1915 Masa Taura	10	Shorewood	41.97
2	2018 Andrew Bell	11	Spanaway Lak	40.43
3	1143 Sutton Flint	9	Liberty (Iss	39.88
4	844 Kenyon Andrews	9	Hazen	38.73
5	998 Jackson Burns	11	Kennewick	39.16
6	735 Finn Albright	12	Garfield	40.12
7	1543 Nathan Kuhnau	12	Peninsula	40.89
8	1323 Calvin Hume	12	Mountlake Te	41.33
Heat 3 of 3 Prelims				
1	1912 Jaden Marlow	9	Shorewood	41.88
2	2150 Keith Rogers	11	Todd Beamer	40.67
3	2000 Heston Homme	12	Southridge	40.11
4	1402 Cameron Dewey	11	North Centra	39.02
5	1177 Jonathan Frazier	12	Lincoln (Tac	39.14
6	1359 Bradley Runge	12	Mt Spokane	40.11
7	542 Ever Yamada	10	Edmonds-Wood	40.76
8	1101 Richard Baker	11	Lakes	41.33

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 209 Boys 4x100 Meter Relay 3A****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 2:40 PM****State Meet: 41.62 2003****Reese, Young, Jones, Brown**

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Arlington		43.90
	1) #67 Jackson Trotter 10	2) #53 Nicholas Cunningham 12	
	3) #57 Joshua Hodges 12	4) #62 Dallas Miller 11	
	5) #58 Kaid Hunter 10	6) #61 Walker Mckinney 11	
	7) #2331 Jake Willis 10	8) #52 Bookie Cramer 11	
2	O'Dea		43.52
	1) #1473 Ryan Phillips 11	2) #1470 Xavier Johnson-Mitchell 12	
	3) #1472 Quinten Nyblod 10	4) #1474 Sage Salopek 10	
	5) #1469 Sean Ellison 12	6) #1471 Darien Maragh 12	
3	Silas		43.12
	1) #1922 Dominick Dirton 12	2) #1924 Jayden McDaniel 12	
	3) #1925 Connor Meade 12	4) #1927 Telon Walker 12	
	5) #1923 Adrian Lewis 12	6) #1921 Michael Akinmuyisitan 9	
	7) #1926 Carsyn Stolz 9	8) #1928 Evan White 9	
4	Mead		42.40
	1) #1266 John Talarico 12	2) #1259 Zealand Franklin 10	
	3) #1263 Drew Menck 12	4) #1258 Dominick Corley 11	
	5) #1260 Eamon Gamon 9	6) #1267 Landon Thomas 9	
	7) #1262 Matthew McShane 10	8) #1264 Adam Nguyen 10	
5	Walla Walla		42.20
	1) #2228 Isaiah Roberson 12	2) #2226 Caleb Morehead 12	
	3) #2217 Ian Calhoon 11	4) #2220 Jake Hisaw 12	
	5) #2224 Kai Lincoln 11	6) #2222 Kelen Kenny 10	
	7) #2221 Wyatt Jenes 11	8) #2218 Jaden Flippo 12	
6	Southridge		42.47
	1) #2005 Ryan Parker 12	2) #1999 Andrew Dorman 12	
	3) #2004 Nicholas Landon 12	4) #1997 Lucien Cone 12	
	5) #2007 Jackson Williams 10	6) #2002 Reese Huff 12	
7	Evergreen (V)		43.28
	1) #641 Anthony Lamberth 11	2) #642 Jonathan Landry 12	
	3) #644 LaDaimien McCord 12	4) #638 James Bethune 10	
	5) #640 Deaunte Griggs-Spaulding	6) #639 Kaiden Garcia 12	
	7) #636 Josiah Alanis 10	8) #643 Haydn Marcella 12	
8	Hermiston		43.54
	1) #874 Justus Counsell 11	2) #879 Landon Shilhanek 11	
	3) #877 Jaime Ramirez Ortega 11	4) #875 Gio Gonzague 10	
	5) #880 Nathan Waelty 10	6) #878 Jaysen Rodriguez 10	

Heat 2 of 3 Prelims

1	Hazen		43.58
	1) #848 Zedrick Cabrera 12	2) #845 Anthony Baker 10	
	3) #849 Maurice Jones 11	4) #852 Maxwell Roberson 11	
	5) #847 Allan Bui 11	6) #853 Nicholas Schwamborn 10	
	7) #850 Leo Patricelli 11	8) #844 Kenyon Andrews 9	
2	Lakes		43.30
	1) #1102 Tristan Baker 9	2) #1107 Aslan-James Fraser 12	
	3) #1105 Sean Deblieck 11	4) #1101 Richard Baker 11	
	5) #1108 Preston Jones 10	6) #1110 Zion Thompson 10	
3	Juanita		42.78
	1) #946 Jayden Namvong 12	2) #945 Calvin Kehrli 12	
	3) #943 J'Shawn Katjihoko 11	4) #948 Isaac Seraile 9	
	5) #940 Cortez Giesen 12	6) #939 David Curelariu 11	
	7) #938 Emmanuel Cody 12	8) #941 Macklin Gray 11	
4	Lincoln (Tac)		42.36
	1) #1184 Jemani Teplasy 11	2) #1177 Jonathan Frazier 12	
	3) #1178 Maurice Gosby 10	4) #1180 Caleb Lenard 12	
	5) #1182 Stephon Pugh 12	6) #1183 Brian Suy 9	
	7) #1179 Immanuel Jordan 9	8) #1181 Willie Long 9	
5	Spanaway Lak		42.26
	1) #2022 Christian Gray 10	2) #2024 Damel Mapigano 12	
	3) #2020 D'Aryhian Clemons 10	4) #2028 Da'Shawn Sands 11	
	5) #2026 George Poloai 10	6) #2018 Andrew Bell 11	
	7) #2029 Devante Sanford 12	8) #2025 Laron Paige 10	
6	Cheney		43.10
	1) #327 Kordell Laher 11	2) #324 Braxton Hinton 12	
	3) #328 Teagan O'Callaghan 12	4) #330 Tucker VanWormer 11	
	5) #322 Henry Gipple 9	6) #325 Andrew Houndonougbo 9	
	7) #329 Ashton Schwendiman 9	8) #326 Cameron Johnson 10	
7	Auburn River		43.45
	1) #84 Nick Roberts 12	2) #82 Oliver Nguyen 9	
	3) #85 Josh Smith 12	4) #83 Carter Rhooms 12	
	5) #81 Kaden Nguyen 12		
8	Lincoln (Sea)		43.89
	1) #1164 Kino Irving 11	2) #1167 Roan Krishnamurthy 10	
	3) #1170 Julian Starnes 10	4) #1168 Akeem Murph Jr 10	
	5) #1171 Cohen Wilburn 11	6) #1161 Joaquin Garcia 11	
	7) #1162 Ethan Gums 9	8) #1165 Jackson Jarrett 11	

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Meet Program

Heat 3 of 3 Prelims...(Event 209 Boys 4x100 Meter Relay 3A)

1	Oak Harbor	43.80
	1) #1456 Ej Delacruz 12	2) #1459 Micheal Johnson-Howard
	3) #1455 Jayden Boyles 11	4) #1463 Brody Snyder 11
	5) #1466 Daniel Williard 11	6) #1460 Deandre Marin 12
	7) #1458 Alejandro Gueits 9	8) #1462 Carbe Raphael 11
2	Mt Vernon	43.41
	1) #1387 Crew Moody 12	2) #1390 Amare Preau 10
	3) #1393 Alexis Zendejas 12	4) #1386 Dalton Kurtz-Rios 11
	5) #1388 Jax Moody 10	6) #1389 Alejandro Ochoa-Garcia 9
	7) #1391 Kemper Tobol 10	8) #1392 Luke Wright 11
3	Lake Washing	43.01
	1) #1082 Nathan Owens 12	2) #1087 Jayce Yeung 11
	3) #1085 Kurt Schimmel 11	4) #1076 Tyler Jones 11
	5) #1075 Eric de Oliveira 10	6) #1080 Christian Martin 12
4	Gig Harbor	42.35
	1) #765 Ayden Fink 11	2) #773 Ben Stevens 11
	3) #772 Josiah O'Neill 12	4) #768 Nick Grover 12
	5) #774 Ryder Truttman 11	6) #763 Atzel Chavez Avelar 9
5	Mt Spokane	42.28
	1) #1354 Jackson Hale 12	2) #1359 Bradley Runge 12
	3) #1356 Devonn Khaleel 11	4) #1353 Boden Gardner 11
	5) #1350 Daren Airey 12	6) #1355 Benjamin Joireman 11
	7) #1351 Rylen Borchers 11	8) #1362 Zachary Travis 12
6	Lynnwood	42.79
	1) #1229 Zaire Griffin 10	2) #1234 Jordan Whittle 12
	3) #1233 Trent Whitehead 12	4) #1230 Shayden McIntyre 11
	5) #1231 Andrew Redila 11	6) #1228 Julian Fabro 11
	7) #1232 Cimaryus Sterling 10	8) #1227 Jaikin Choy 9
7	Garfield	43.31
	1) #739 Jason Finley 12	2) #741 Sejhe Jackson 12
	3) #737 Jailynd Burns 12	4) #734 Tawaf Aboudou 11
	5) #735 Finn Albright 12	6) #743 Marcel Jones 10
	7) #736 Tayden Blue 11	8) #742 Khalil Johnson 10
8	Edmonds-Wood	43.66
	1) #536 Kaean Eban 11	2) #542 Ever Yamada 10
	3) #538 Jesse Hart 11	4) #535 David Danyo 11
	5) #541 Aidan Rauch 11	6) #537 Liam Fitting 12
	7) #539 Tyler Hulbert 10	

Event 210 Boys 4x400 Meter Relay 3A

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Thursday 5/25/2023 - 7:35 PM

State Meet: 3:18.74 2000

McKinney, Williams, Braham, Williams

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Lincoln (Tac		3:33.41
	1) #1175 Eddie Bruner Jr. 9	2) #1180 Caleb Lenard 12	
	3) #1178 Maurice Gosby 10	4) #1177 Jonathan Frazier 12	
	5) #1182 Stephon Pugh 12	6) #1184 Jemani Teplasy 11	
	7) #1181 Willie Long 9	8) #1183 Brian Suy 9	
2	West Seattle		3:28.68
	1) #2266 Axel Johnson 12	2) #2265 Bo Gionet 11	
	3) #2267 Luke Johnson 11	4) #2263 Gibson Aguilar 11	
	5) #2270 Marcus Ramsey 9	6) #2269 Ryder Mackay 12	
	7) #2268 Solimon Khesrawi 11	8) #2264 William Frederick 9	
3	Bishop Blanc		3:25.29
	1) #157 Eliot Mackay 12	2) #161 Vincent Recupero 10	
	3) #156 Max Gundlach 12	4) #159 Drew Oliver 12	
	5) #162 Will Sandnes 11	6) #163 William Schneider 12	
	7) #158 Sam Merriman 11	8) #154 Ryker Demick 11	
4	Mt Spokane		3:19.71
	1) #1359 Bradley Runge 12	2) #1354 Jackson Hale 12	
	3) #1361 Ben Sonneland 12	4) #1353 Boden Gardner 11	
	5) #1358 Talan Main 11	6) #1363 John Wagner 10	
	7) #1352 Kade Brownell 10	8) #1364 Parker Westermann 10	
5	Liberty (Iss		3:24.75
	1) #1145 Ethan Jackson 12	2) #1149 William Rupard 9	
	3) #1148 Nicolas Ruiz 11	4) #1141 Ben Archer 12	
	5) #1147 Jackson Moffitt 10	6) #1143 Sutton Flint 9	
	7) #1150 Juan Pablo Sanchez 12	8) #1144 Denali Hatcher 11	
6	Meadowdale		3:27.78
	1) #1279 Matthew Patterson 10	2) #1277 Brian Mills 10	
	3) #1282 Wyatt Waddel 11	4) #1278 John Patterson 10	
	5) #1280 KeyShawn Shepard 10	6) #1276 Jackson Marti 10	
	7) #1275 Lorenzo Manzanarez-Pere	8) #1281 Landon Smith 9	
7	Stadium		3:33.38
	1) #2062 Andy Ngo 12	2) #2057 Melkamu Englert 11	
	3) #2060 Alexander Lindgren 11	4) #2058 Christopher Konecny 12	
	5) #2059 Major LeProwse 10	6) #2061 Will Logan 11	
	7) #2056 Solomon Dawson 12		

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium

Meet Program

Heat 2 of 3 Prelims...(Event 210 Boys 4x400 Meter Relay 3A)

1	Capital	3:33.68
	1) #252 Chayton Hatch 9	2) #250 Bryson Clark 11
	3) #254 Zeke Landers 11	4) #251 Liam Greenlee 9
	5) #255 Kai Laukkanen 11	6) #249 Braxton Claridy 12
	7) #257 Javonte Sutton 11	8) #253 Tangaroa Kekahuna-Ochim
2	Central Kits	3:31.45
	1) #281 Jayson Davis-Samuels 9	2) #282 Charles Guy 11
	3) #287 Blake Reynolds 11	4) #284 Dakarai Moten 11
	5) #285 Jackson Moyer 11	6) #286 Logan Price Voeltz 11
	7) #283 Clive King 11	8) #289 Michael Vlach 10
3	Lake Washing	3:26.40
	1) #1088 Finnley Young 12	2) #1078 Nathan Knoblich 9
	3) #1086 Logan Schmidt 9	4) #1075 Eric de Oliveira 10
	5) #1079 Walter Lumpkin 10	6) #1081 Lukas Ondrusek 11
	7) #1085 Kurt Schimmel 11	8) #1077 Jonah Kim 9
4	Gig Harbor	3:24.64
	1) #768 Nick Grover 12	2) #767 Micah Galeana 12
	3) #765 Ayden Fink 11	4) #773 Ben Stevens 11
	5) #774 Ryder Truttman 11	6) #771 Jonathan Miles 11
	7) #764 Mickey Colombo 11	8) #770 Gavin McKeegan 9
5	Arlington	3:19.99
	1) #62 Dallas Miller 11	2) #65 James Scott 10
	3) #63 Ryan Rushton 12	4) #59 Kellen Langford 12
	5) #68 Blake Wayman 12	6) #57 Joshua Hodges 12
	7) #58 Kaid Hunter 10	8) #66 Lucas Spurling 10
6	Oak Harbor	3:27.48
	1) #1455 Jayden Boyles 11	2) #1466 Daniel Williard 11
	3) #1457 Aliy'is Giles 12	4) #1454 Taylen Bader 12
	5) #1460 Deandre Marin 12	6) #1465 Shane Warden 12
	7) #1456 Ej Delacruz 12	8) #1461 Jacob Pearson 12
7	Garfield	3:28.78
	1) #737 Jailynd Burns 12	2) #738 Lucas Carroll 12
	3) #746 Kamil Zeribi 11	4) #735 Finn Albright 12
	5) #736 Tayden Blue 11	6) #734 Tawaf Aboudou 11
	7) #742 Khalil Johnson 10	8) #743 Marcel Jones 10

Heat 3 of 3 Prelims

1	Lakes	3:29.96
	1) #1108 Preston Jones 10	2) #1107 Aslan-James Fraser 12
	3) #1106 Gideon Evarts 11	4) #1109 Sentoa Leapai 10
	5) #1111 Zander (Alexander) Trevir	6) #1103 Wyatt Blanchard 11
	7) #1104 Cruize Corvin 12	
2	Shorewood	3:26.54
	1) #1909 Avery Lagasca 11	2) #1910 Aidan MacDonald 9
	3) #1908 Luke Gillingham 11	4) #1911 Keiyu Mamiya 11
	5) #1913 Ian McArthur 12	6) #1907 Otto Erhart 10
	7) #1912 Jaden Marlow 9	8) #1915 Masa Taura 10
3	Snohomish	3:21.85
	1) #1978 Parker Jackson 10	2) #1977 Brendan Cross 12
	3) #1985 Kai Yoder 10	4) #1979 Avery Keith 12
	5) #1983 Mason Podoll 12	6) #1981 Zayah Nelson 10
	7) #1976 Diego Corchado 12	8) #1980 Sam Lepse 12
4	Southridge	3:24.32
	1) #1997 Lucien Cone 12	2) #2002 Reese Huff 12
	3) #2000 Heston Homme 12	4) #2006 Liam Stites 11
	5) #2007 Jackson Williams 10	6) #2003 Michael Ingersoll 11
	7) #1999 Andrew Dorman 12	
5	Lincoln (Sea)	3:26.68
	1) #1170 Julian Starnes 10	2) #1172 Yutaro Zilly 12
	3) #1169 Owen Schneider 11	4) #1166 Evan Kelly 12
	5) #1168 Akeem Murph Jr 10	6) #1163 Caleb Hirschfeld 10
	7) #1164 Kino Irving 11	8) #1159 Jasper Cabanier 10
6	Prairie	3:30.05
	1) #1565 Evan Davis 12	2) #1567 Ellis English 11
	3) #1573 Ayden Walker 11	4) #1564 Ethan Cabral 11
	5) #1571 Dekota Houfek 10	6) #1566 Christian Dealy 10
	7) #1570 Kevin Garcia 11	8) #1563 Ty Allinger 10

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Event 211 Boys High Jump 3A**

Saturday 5/27/2023 - 9:30 AM

Starting Height 5-8"

Up by 2"

when 4 or less up by 1"

State Meet: 7-02.50 5/26/2017 Jakobe' Ford

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	745 Jamaica Myres	12	Garfield	5-10.00
2	2149 Avion McLemore	11	Todd Beamer	5-10.00
3	851 Aidric Richter	11	Hazen	5-10.00
4	1632 Eyoub Endris	11	Rainier Beac	5-10.00
5	522 Jaylyn Keller	10	Eastside Cat	5-10.00
6	1568 Alex Ford	12	Prairie	5-10.00
7	58 Kaid Hunter	10	Arlington	5-11.00
8	2020 D'Aryhian Clemons	10	Spanaway Lak	6-00.00
9	60 Leyton Martin	10	Arlington	6-00.00
10	2023 Josiah Houston	10	Spanaway Lak	6-00.00
11	852 Maxwell Roberson	11	Hazen	6-00.00
12	1015 Trevontay Richardson	12	Kentlake	6-00.00
13	2148 Jahlil Loyd	11	Todd Beamer	6-00.00
14	633 Shukurani Ndayiraglje	11	Everett	6-00.00
15	1457 Aliy'is Giles	12	Oak Harbor	6-01.00
16	637 Arthur Ban	11	Evergreen (V	6-02.00
17	846 Illia Beizak	10	Hazen	6-02.00
18	929 Noah Warnica	11	Joel Ferris	6-02.00
19	999 Shaun Youngblood	10	Kennewick	6-02.00
20	2082 Elias Caniglia	10	Stanwood	6-02.00
21	1362 Zachary Travis	12	Mt Spokane	6-04.00

Event 212 Boys Pole Vault 3A

Friday 5/26/2023 - 10:00 AM

Starting Height 11'-0"

Up by 6"

when 4 or less up by 3"

State Meet: 16-03 2016 Zach Shugart

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	740 Joe Gordon	11	Garfield	11-06.00
2	947 Mikel Saxon	12	Juanita	11-06.00
3	986 Bannick Allen	12	Kelso	11-09.00
4	2030 Ian Standifer	10	Spanaway Lak	11-09.00
5	521 Will Heutchy	12	Eastside Cat	12-00.00
6	91 Jonas Michael	10	Bainbridge	12-00.00
7	2317 Tyler Allen	11	Yelm	12-00.00
8	944 Luka Kawahara	11	Juanita	12-00.00
9	258 Carlson Vroman	10	Capital	12-06.00
10	928 Kai Rowley	12	Joel Ferris	12-06.00
11	744 Mahyar Mohajeri	11	Garfield	12-06.00
12	672 Andrew Finsrud	12	Ferndale	13-00.00
13	2318 Jordan Lasher	11	Yelm	13-00.00
14	1297 Justice Funston	11	Monroe	13-06.00
15	1889 Brendan Rudberg	11	Shorecrest	13-06.00
16	1084 Joel Prinos	12	Lake Washing	13-06.00
17	1261 Kadmiel Lopez	11	Mead	14-00.00
18	92 Yafei Shou	10	Bainbridge	14-00.00
19	1322 Mason Hrcek	12	Mountlake Te	14-03.00
20	671 Adrian Finsrud	12	Ferndale	14-06.00

Event 213 Boys Long Jump 3A

Friday 5/26/2023 - 2:50 PM

2 flights, 9 into the finals

State Meet: 23-11.25 5/24/2019 Tallen Williams

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	1403 Darius Stamps	11	North Centra	20-08.75
2	1563 Ty Allinger	10	Prairie	20-11.00
3	1995 Abdelrahim Abdelrahim	12	Southridge	21-00.00
4	633 Shukurani Ndayiraglje	11	Everett	21-00.25
5	1912 Jaden Marlow	9	Shorewood	21-00.50
6	1296 Mason Davis	10	Monroe	21-03.75
7	82 Oliver Nguyen	9	Auburn River	21-04.00
8	848 Zedrick Cabrera	12	Hazen	21-05.00
9	1229 Zaire Griffin	10	Lynnwood	21-05.25
10	943 J'Shawn Katjihoko	11	Juanita	21-07.00

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium
Meet Program**Flight 2 of 2 Finals...(Event 213 Boys Long Jump 3A)**

1	642 Jonathan Landry	12	Evergreen (V)	21-08.00
2	1371 Jah-Jah Abdullah	11	Mt Tahoma	21-08.25
3	1101 Richard Baker	11	Lakes	21-09.00
4	945 Calvin Kehrl	12	Juanita	21-09.50
5	63 Ryan Rushton	12	Arlington	21-11.00
6	938 Emmanuel Cody	12	Juanita	21-11.50
7	636 Josiah Alanis	10	Evergreen (V)	22-00.75
8	736 Tayden Blue	11	Garfield	22-04.00
9	2322 Trevontay Smith	12	Yelm	22-07.50
10	520 Branden Ganashamoorthy	12	Eastside Cat	23-04.50

Event 214 Boys Triple Jump 3A**Thursday 5/25/2023 - 3:10 PM****2 flights, 9 into the finals**

State Meet: 49-11.75 2005

Rashad Toussaint

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	1392 Luke Wright	11	Mt Vernon	40-09.50
2	53 Nicholas Cunningham	12	Arlington	42-02.50
3	1459 Micheal Johnson-Howar	11	Oak Harbor	42-03.50
4	90 Amare Clark	11	Bainbridge	42-05.00
5	1160 Coby-Jude Cari	10	Lincoln (Sea)	42-06.00
6	1565 Evan Davis	12	Prairie	42-07.50
7	1457 Aliy'is Giles	12	Oak Harbor	42-10.50
8	907 Langley Fitzpatrick	12	Ingraham	43-01.00
9	1925 Connor Meade	12	Silas	43-01.25
10	633 Shukurani Ndayiraglje	11	Everett	43-02.25

Flight 2 of 2 Finals

1	1372 Josiah Johnson	12	Mt Tahoma	43-04.00
2	1110 Zion Thompson	10	Lakes	43-06.25
3	908 Finn Moody	12	Ingraham	43-06.50
4	929 Noah Warnica	11	Joel Ferris	43-11.25
5	1291 Azad Khan	12	Mercer Islan	44-00.50
6	2141 Paris Saunders	10	Thomas Jeffe	44-03.50
7	1995 Abdelrahim Abdelrahim	12	Southridge	44-10.25
8	1469 Sean Ellison	12	O'Dea	44-11.50
9	520 Branden Ganashamoorthy	12	Eastside Cat	47-05.50
10	2322 Trevontay Smith	12	Yelm	49-08.00

Event 215 Boys Shot Put 3A**Saturday 5/27/2023 - 9:30 AM****2 flights, 9 into the finals****Flight 2 of Ambulatory goes with**

State Meet: 64-07 1980

Mike Shill

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	540 Niko Palelei	12	Edmonds-Wood	45-04.50
2	256 Quincy Nixon	12	Capital	46-04.00
3	1982 Anthony Olson	11	Snohomish	46-05.00
4	54 Hayden Falor	11	Arlington	46-07.00
5	52 Bookie Cramer	11	Arlington	46-07.50
6	158 Sam Merriman	11	Bishop Blanc	47-02.00
7	64 Dylan Scott	10	Arlington	47-04.50
8	942 Ryan Hutchinson	12	Juanita	47-05.00
9	1542 Grady Johnson	12	Peninsula	47-09.00
10	2140 Jericho (Rico) Alatasi	12	Thomas Jeffe	47-09.50

Flight 2 of 2 Finals

1	1012 Jaxxon Bartlett	11	Kentlake	47-10.75
2	160 Alex Pytte	12	Bishop Blanc	48-01.50
3	1316 Juan Pasillas-Stanton	10	Mountain Vie	48-03.50
4	987 Koda Woodard	12	Kelso	48-05.00
5	1083 Christopher Poole	12	Lake Washing	48-06.50
6	949 Eljay Te'o	12	Juanita	48-09.00
7	1357 Jarom Liljenquist	12	Mt Spokane	50-09.25
8	2001 Trevor Hoopes	12	Southridge	50-10.25
9	523 Charlie Merritt	12	Eastside Cat	53-10.50
10	1996 Carson Condie	11	Southridge	54-02.25
11	2321 Brayden Platt	11	Yelm	63-11.75

Event 216 Boys Discus Throw 3A**Friday 5/26/2023 - 10:10 AM****2 flights, 9 into the finals****Flight 2 of Ambulatory goes with**

State Meet: 193-08 1979

Gary Leffler

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	2019 Eugene Camacho	12	Spanaway Lak	133-10
2	1012 Jaxxon Bartlett	11	Kentlake	137-05
3	1246 Avery Brennan	10	Marysville-P	138-01
4	2321 Brayden Platt	11	Yelm	138-03
5	1384 Adrian Carrillo	11	Mt Vernon	138-06
6	1634 Nijawn Sterling	12	Rainier Beac	138-08
7	174 Thomas Drenkel	12	Bonney Lake	140-11
8	164 Charlie Slavik	11	Bishop Blanc	142-07
9	1142 Jacob Clay	12	Liberty (Iss)	142-08
10	1467 Tucker Ashcraft	12	O'Dea	144-01
11	1569 Will Foster	10	Prairie	145-11
12	54 Hayden Falor	11	Arlington	147-10

2A-3A-4A- Washington State Track & Field Meet - 5/25/2023 to 5/27/2023

Mount Tahoma Stadium

Meet Program

Flight 2 of 2 Finals...(Event 216 Boys Discus Throw 3A)

1	909 Ethan Rudell	11 Ingraham	148-05
2	1996 Carson Condie	11 Southridge	148-05
3	1357 Jarom Liljenquist	12 Mt Spokane	150-07
4	632 Evan Hartt	11 Everett	151-03
5	2227 Christopher Norris	12 Walla Walla	153-10
6	876 Bradley Hottman	11 Hermiston	154-11
7	1265 Simon Rosselli	9 Mead	155-09
8	160 Alex Pytte	12 Bishop Blanc	156-00
9	2320 Isaiah Patterson	11 Yelm	157-10
10	1464 Noah Turner	12 Oak Harbor	159-00
11	1998 Jackson Darling	12 Southridge	159-02
12	1176 Jediah Darrell	11 Lincoln (Tac)	164-01

Event 217 Boys Javelin Throw 3A**Thursday 5/25/2023 - 5:30 PM****2 flights of 8, 9 into the finals****Flight 2 of Ambulatory goes with**

State Meet: 216-03 5/27/2022 Dash Sirmon

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	129 Grant Wilwerding	12 Bellevue	145-00
2	950 Gryff Thomas	12 Juanita	145-09
3	2027 Tucker Ralph	10 Spanaway Lak	149-06
4	986 Bannick Allen	12 Kelso	150-02
5	127 Spencer Madden	12 Bellevue	152-01
6	2081 Colby Campbell	12 Stanwood	152-06
7	942 Ryan Hutchinson	12 Juanita	153-02
8	259 Dustin Krestel	12 Cascade (Eve)	154-02
9	73 Ryder Alfrey	12 Auburn Mount	154-11
10	1891 Jackson Sketchley	10 Shorecrest	158-01

Flight 2 of 2 Finals

1	55 Jacoby Falor	11 Arlington	159-01
2	52 Bookie Cramer	11 Arlington	162-05
3	2225 Sy McGuire	11 Walla Walla	163-03
4	1572 Alex Juhl	11 Prairie	163-03
5	1925 Connor Meade	12 Silas	167-06
6	126 George Kruger	12 Bellevue	169-11
7	1257 Evan Berg	11 Mead	170-10
8	2321 Brayden Platt	11 Yelm	178-10
9	366 Max Berger	12 Cleveland (W)	185-02
10	288 Roderick Schenk	12 Central Kits	203-11

Event 218 Girls 100 Meter Dash 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 11:35 AM**

State Meet: 11.79 2001 Janae Young

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	1314 Zamorah Frazier	9	Mountain Vie	12.78
2	1320 Allison Mervin	9	Mountlake Te	12.76
3	705 Cherish Larry	9	Franklin (Wa)	12.60
4	2215 Ashlyn Nielsen	11	Walla Walla	12.45
5	114 Alex Buck	11	Bellevue	12.10
6	910 Elaine Hudacsko	11	Interlake	12.52
7	173 Callie Wilson	10	Bonney Lake	12.62

Heat 2 of 3 Prelims

1	1003 Amber Freeman	11	Kent Meridia	12.79
2	2010 Jasmyrn Dupree	12	Spanaway Lak	12.74
3	1270 Tresley Love	12	Meadowdale	12.59
4	1345 Karissa Lindner	12	Mt Spokane	12.27
5	727 Takiyah Blue	12	Garfield	12.44
6	1973 Isabella Martuch	12	Snohomish	12.55
7	1377 Parker Halgren	11	Mt Vernon	12.62

Heat 3 of 3 Prelims

1	528 Naomi Limb	11	Edmonds-Wood	12.62
2	275 Jada Kopp	12	Central Kits	12.58
3	2139 Jaylah Jackson	9	Thomas Jeffe	12.39
4	839 Kayla Kittrell	12	Hazen	12.38
5	894 Maya Nyzhnykevych	12	Holy Names A	12.55
6	2011 Atreonia Garner	12	Spanaway Lak	12.64

Event 219 Girls 200 Meter Dash 3A**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/26/2023 - 5:45 PM**

State Meet: 24.27 2009 Germe Poston

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	1003 Amber Freeman	11	Kent Meridia	26.48
2	76 Sophie Danielson	11	Auburn River	26.28
3	275 Jada Kopp	12	Central Kits	25.58
4	1975 Baella Stich	10	Snohomish	25.42
5	114 Alex Buck	11	Bellevue	24.76
6	173 Callie Wilson	10	Bonney Lake	25.81
7	1377 Parker Halgren	11	Mt Vernon	25.92

Heat 2 of 3 Prelims

1	1314 Zamorah Frazier	9	Mountain Vie	25.93
2	1721 Preslie Young	11	Ridgeline	25.80
3	1973 Isabella Martuch	12	Snohomish	25.34
4	910 Elaine Hudacsko	11	Interlake	25.00
5	730 Mylea Lexing	11	Garfield	25.63
6	528 Naomi Limb	11	Edmonds-Wood	26.23
7	761 Baylee Young	12	Gig Harbor	26.53