

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track

Meet Program

Event 218 Girls 100 Meter Dash 1A

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Thursday 5/25/2023 - 6:40 PM

National: 11.14 1992

Marion Jones, Thousand Oakes

WIAA: 11.55 2017

Aliya Wilson, Tahoma

WIAA 1A: 11.92 1996

LaShaunda Fowler, Foster

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	146	Gracie Sibbett	11	Castle Rock	13.09
2	100	Jaylah Laurence	12	Cascade Christian	13.01
3	831	Lilly Causey	12	Montesano	12.70
4	32	Braelyn Baker	11	Bear Creek	11.81
5	603	Regan Parnell	12	King's	12.64
6	649	Audrey Younger	11	Klahowya	13.00
7	1560	Aysia Garcia	9	Zillah	13.06
8	1177	Jasmine Vasquez	12	Quincy	13.21
Heat 2 of 2 Prelims					
1	1009	Jacquie Stevens	10	Northwest	13.10
2	1256	Ivy Delay	12	Royal	13.03
3	688	Jaidynn MacDonald	12	Lakeside (Ni	12.86
4	1562	Mia Hicks	11	Zillah	12.55
5	977	Kate Desilets	12	Nooksack Valley	12.58
6	390	Hannah Hanson	10	Eatonville	12.91
7	254	Kaelyn Malone	12	Colville	13.06
8	1484	Lena Puz	9	Vashon Island	13.11

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track

Meet Program

Event 219 Girls 200 Meter Dash 1A

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/26/2023 - 3:30 PM

National: 22.52 2003 Allyson Felix, Los Angeles Baptist

WIAA: 24.13 1982 Donna Dennis, Clover Park

WIAA 1A: 24.45 1996 LaShaunda Fowler, Foster

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	649	Audrey Younger	11	Klahowya	27.16
2	688	Jaidynn MacDonald	12	Lakeside (Ni	26.92
3	143	Casie Kleine	10	Castle Rock	26.33
4	32	Braelyn Baker	11	Bear Creek	23.61
5	977	Kate Desilets	12	Nooksack Valley	26.28
6	348	Ella Carnahan	12	Deer Park	26.66
7	245	Saylor Hauge	10	Columbia (Wh	27.09
8	1256	Ivy Delay	12	Royal	27.50
Heat 2 of 2 Prelims					
1	1510	Betzabeth Zaragoza	11	Wapato	27.30
2	1008	Camille Hanna	9	Northwest	27.02
3	100	Jaylah Laurence	12	Cascade Christian	26.54
4	1560	Aysia Garcia	9	Zillah	26.12
5	831	Lilly Causey	12	Montesano	26.25
6	1479	Alana Bass	11	Vashon Island	26.59
7	1009	Jacque Stevens	10	Northwest	27.05
8	124	Molly Smith	11	Cashmere	27.39

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track
Meet Program

Event 220 Girls 400 Meter Dash 1A

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/26/2023 - 1:30 PM

National: 50.74 2000

Monique Henderson, San Diego Morse

WIAA: 53.83 2017

Jai'lyn Merriweather, Union

WIAA 1A: 55.24 1996

LaShaunda Fowler, Foster

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	886	Ellie Hanstead	9	Mount Baker	1:03.48
2	1270	Delphine Way	12	Seattle Academy	1:02.98
3	346	Lauren Bonner	12	Deer Park	1:02.12
4	143	Casie Kleine	10	Castle Rock	59.60
5	267	Emilee Van Buren	11	Connell	1:01.03
6	378	Celeste Bell	12	Eastside Pre	1:02.53
7	835	Alayna Olson	11	Montesano	1:03.31
8	264	Kyla McGary	11	Connell	1:04.65
Heat 2 of 2 Prelims					
1	95	Maizy Groff	10	Cascade (Lea	1:03.85
2	47	Olivia Lee	10	Bellevue Christian	1:03.10
3	765	Etta DeJong	9	Lynden Christian	1:02.21
4	678	Ines Calleja-Villegas	12	Lakeside (Ni	59.99
5	1479	Alana Bass	11	Vashon Island	1:00.73
6	1382	Olivia Fauth	10	Stevenson	1:02.52
7	1481	Emily Harrington	9	Vashon Island	1:03.26
8	1258	Briana Guerrero	10	Royal	1:04.59

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 221 Girls 800 Meter Run 1A****8 Advance: Top 2 Each Heat plus Next 4 Best Times****Friday 5/26/2023 - 2:30 PM****National: 2:00.03 2022****Roisin Wilis, Stevens Point Area****WIAA: 2:04.10 2014****Alexa Eframson, Camas****WIAA 1A: 2:10.79 2010****Maddie Meyers, Northwest**

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	1306	Alexis Leone	11	Seton Catholic	2:27.86
2	119	Madeline Hammond	12	Cashmere	2:36.75
3	921	Olive Clark	10	Naches Valley	2:22.30
4	1336	Naomi Atwood	11	South Whidbey	2:17.30
5	689	Sadie Meyring	10	Lakeside (Ni	2:22.24
6	1270	Delphine Way	12	Seattle Academy	2:24.64
7	148	Hannah Capusan	10	Cedar Park C	2:25.09
8	44	Emily Eggers	9	Bellevue Christian	2:27.45
Heat 2 of 2 Prelims					
1	654	Isabella Higgins	10	La Center	2:29.48
2	1303	Avery Garrison	11	Seton Catholic	2:32.45
3	600	Sophia Inglin	10	King's	2:22.57
4	1156	Aliyah Yearian	11	Port Townsen	2:17.88
5	691	Tea Simonson	9	Lakeside (Ni	2:21.07
6	925	Katrina Feriante	12	Naches Valley	2:22.88
7	1151	Camryn Hines	12	Port Townsen	2:26.48
8	262	Morgan Jenks	12	Connell	2:27.11

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track****Meet Program****Event 222 Girls 1600 Meter Run 1A****Thursday 5/25/2023 - 5:40 PM****National: 4:33.29 2014****Alexa Efraimson, Camas****WIAA: 4:33.29 2014****Alexa Efraimson, Camas****WIAA 1A: 4:46.85 2011****Maddie Meyers, Northwest**

Lane	Comp#	Name	Year	School	Seed Time
Section 1 of 1		Timed Finals			
1	1156	Aliyah Yearian	11	Port Townsen	5:07.33
2	648	Natalie Oathout	10	Klahowya	5:13.48
3	819	Kayla Ramsey	12	Medical Lake	5:17.99
4	1306	Alexis Leone	11	Seton Catholic	5:18.29
5	1336	Naomi Atwood	11	South Whidbey	5:20.44
6	565	Jane Roloff	11	Hoquiam	5:20.96
7	1151	Camryn Hines	12	Port Townsen	5:21.08
8	1007	Isla Chadsey	12	Northwest	5:25.34
9	600	Sophia Inglin	10	King's	5:28.04
10	689	Sadie Meyring	10	Lakeside (Ni	5:28.28
11	34	Anna Stchur	9	Bear Creek	5:28.74
12	1303	Avery Garrison	11	Seton Catholic	5:33.32
13	921	Olive Clark	10	Naches Valley	5:42.92
14	929	Brooke Miles	11	Naches Valley	5:49.33
15	1509	Diana Camargo	12	Wapato	5:50.57
16	94	Alice Farrell	10	Cascade (Lea	5:58.71

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 223 Girls 3200 Meter Run 1A****Saturday 5/27/2023 - 11:40 AM****National: 9:47.88 2018****WIAA: 10:05.81 2006****WIAA 1A: 10:28.50 1989****Katelyn Touhy, Thiells North Rockland****Megan O'Rielly, Mount Spokane****Stacey Brown, Omak**

Lane	Comp#	Name	Year	School	Seed Time
Section 1 of 1		Timed Finals			
1	1156	Aliyah Yearian	11	Port Townsen	11:31.10
2	819	Kayla Ramsey	12	Medical Lake	11:36.93
3	467	Lily Jones	12	Freeman	11:49.36
4	648	Natalie Oathout	10	Klahowya	11:51.19
5	1149	Fiona Fraser	11	Port Townsen	11:52.87
6	1007	Isla Chadsey	12	Northwest	11:56.15
7	929	Brooke Miles	11	Naches Valley	12:00.14
8	1266	Aspen Hoffman	10	Seattle Academy	12:04.63
9	1509	Diana Camargo	12	Wapato	12:04.64
10	823	Logan Ignacio	9	Meridian (Wa)	12:07.49
11	1306	Alexis Leone	11	Seton Catholic	12:09.10
12	34	Anna Stchur	9	Bear Creek	12:15.46
13	837	Samantha Schweppe	10	Montesano	12:21.28
14	565	Jane Roloff	11	Hoquiam	12:58.44
15	707	Bevani Yrigoyen	10	LaSalle	13:09.15
16	96	Paige Nunnally	11	Cascade (Lea	13:17.53

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track
Meet Program

Event 224 Girls 100 Meter Hurdles 1A

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Friday 5/26/2023 - 11:05 AM

National: 13.03 2007

Vashti Thomas, San Jose Mt Pleasant

WIAA: 13.88 2001

Ginnie Powell, Rainier Beach

WIAA 1A: 14.40 1993

Joanna Wilson, Woodland

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 3 Prelims					
2	250	Ella Zimmerman	12	Columbia (Wh	17.03
3	680	Lacy Crabtree	10	Lakeside (Ni	16.18
4	49	Rocklyn Osborn	9	Bellevue Christian	15.06
5	647	Maggie Keenan	11	Klahowya	16.16
6	1484	Lena Puz	9	Vashon Island	16.97
Heat 2 of 3 Prelims					
2	931	Allison Smith	12	Naches Valley	17.15
3	705	Ella Craig	9	LaSalle	16.59
4	351	Ellie Levy	12	Deer Park	15.44
5	776	Avery VanWeerdhuizen	10	Lynden Christian	16.09
6	97	Danielle Totman	10	Cascade (Lea	16.96
7	260	Brandy Ferguson	11	Connell	17.51
Heat 3 of 3 Prelims					
2	393	Lily Lightfoot	9	Eatonville	17.38
3	1337	Hadley Eager	12	South Whidbey	16.70
4	257	Jordyn True	12	Colville	15.53
5	383	Kimberly Zhao	10	Eastside Pre	15.97
6	822	Morgan Adams	11	Meridian (Wa)	16.93
7	249	Hailey Tolbert	9	Columbia (Wh	17.40

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track****Meet Program****Event 225 Girls 300 Meter Hurdles 1A****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/25/2023 - 4:30 PM****National: 39.98 2001****Lashinda Demus, Long Beach Wilson****WIAA: 42.06 2015****Darhian Mills, Inglemoor****WIAA 1A: 43.72 1995****Megan Franza, Cascade (Leavenworth)**

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	1343	Nikolena Taylor	11	South Whidbey	50.23
2	734	Joselyn Ryder	12	Life Christi	48.91
3	255	Kalista Malone	10	Colville	48.55
4	32	Braelyn Baker	11	Bear Creek	43.35
5	931	Allison Smith	12	Naches Valley	48.17
6	705	Ella Craig	9	LaSalle	48.86
7	887	Natalie Horsmon	11	Mount Baker	49.82
8	647	Maggie Keenan	11	Klahowya	50.70
Heat 2 of 2 Prelims					
1	1394	Paisley Garcia	10	Tenino	50.31
2	49	Rocklyn Osborn	9	Bellevue Christian	48.91
3	383	Kimberly Zhao	10	Eastside Pre	48.80
4	1176	Joceline Schaapman	12	Quincy	47.56
5	351	Ellie Levy	12	Deer Park	47.64
6	1510	Betzabeth Zaragoza	11	Wapato	48.85
7	250	Ella Zimmerman	12	Columbia (Wh	49.06
8	614	Hannah Erwin	11	King's Way C	50.45

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track
Meet ProgramEvent 226 Girls 4x100 Meter Relay 4x100 Meter 1A
8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/26/2023 - 12:00 PM

National: 44.24 2019 , DeSoto
Griffin - Hollis - Armstrong - Effiong
WIAA: 46.90 2014 , Federal Way
Cameron - Richey - Vongsavent - Cunliffe
WIAA 1A: 49.07 2015 , Lynden Christian
Bruneau - Weg - Bruneau - Rosnak

Lane	Comp#	Team	Relay	Seed Time
Heat 1 of 2 Prelims				
1		South Whidbey	A	52.19
	1) #1338	Amber Fickel 11	2) #1340	Elsa Layman 9
	3) #1337	Hadley Eager 12	4) #1341	Sierra Muller 10
	5) #1343	Nikolena Taylor 11	6) #1339	Freja Heggenes 12
	7) #1342	Ella Pozarycki 11	8) #1344	Parrish Viator 10
2		Zillah	A	51.54
	1) #1563	Elizabeth Walle 10	2) #1561	Alaina Garza 10
	3) #1560	Aysia Garcia 9	4) #1562	Mia Hicks 11
	5) #1559	Cara Funk 10		
3		Cashmere	A	51.34
	1) #124	Molly Smith 11	2) #120	Erin Irelan 9
	3) #121	Allyson Kitchel 10	4) #117	Kaitlyn Bjorklund 12
	5) #125	Sadie Smith 12	6) #126	Brianna Talley 11
	7) #118	Ava Courtney 12	8) #122	Quinn Pace 9
4		Deer Park	A	49.80
	1) #351	Ellie Levy 12	2) #355	Maya Tucker 11
	3) #352	Gracelynn Martinson 12	4) #348	Ella Carnahan 12
	5) #354	Rylee Pfeifer 10	6) #346	Lauren Bonner 12
	7) #356	Kali Vio 10	8) #345	Emma Adams 11
5		Vashon Island	A	51.22
	1) #1484	Lena Puz 9	2) #1483	Annabelle Moeckel 10
	3) #1481	Emily Harrington 9	4) #1479	Alana Bass 11
	5) #1482	Amelia Medeiros 11	6) #1485	Alex Waterworth 11
6		King's	A	51.51
	1) #593	Aliyah Choi 9	2) #601	Therese Lewis 11
	3) #604	Eliana Rohmer 11	4) #597	Grace Hansen 12
	5) #590	Ellie Bear 10	6) #592	Madelyn Biederman 10
	7) #598	Anna Hoke 11	8) #603	Regan Parnell 12
7		Bellevue Christian	A	52.18
	1) #45	Rachel Fennell 10	2) #47	Olivia Lee 10
	3) #43	Emily DeJonge 10	4) #46	Natalie Lange 12
	5) #51	Kiana Skogstad 9	6) #48	Abbie Nienaber 10
	7) #52	Brielle Weedman 10	8) #44	Emily Eggers 9
8		Royal	A	53.01
	1) #1257	Samantha Fitzhugh 12	2) #1255	Briana Cedillo 9
	3) #1258	Briana Guerrero 10	4) #1256	Ivy Delay 12
	5) #1254	Sharon Arroyo 9		

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Heat 2 of 2 Prelims...(Event 226 Girls 4x100 Meter Relay 4x100 Meter 1A)**

1	College Place	A	52.24
	1) #227 Brooklyn Wilson 9	2) #220 Jenna Hill 12	3) #226 Lucinda Weaver 9
	5) #222 Katherine Prince 10	6) #221 Hannah Hutchison 10	7) #225 Annie Watson 9
2	Hoquiam	A	51.83
	1) #563 Kali Lund 12	2) #564 Reagan McElliott 12	3) #560 Katlyn Brodhead 10
	5) #559 Valeria Aguilar Arana 9		4) #562 Chloe Kennedy 12
3	Lynden Christian	A	51.43
	1) #774 Alissa VanderHaak 12	2) #773 Sydney Terpstra 10	3) #768 Josie Hendricks 10
	5) #767 Morgan Delgatto 10	6) #776 Avery VanWeerdhuizen 10	7) #772 Sadie Muljat 9
			4) #769 Estela Hernandez 9
			8) #777 Alina Veltkamp 11
4	Lakeside (Nine Mile)	A	50.33
	1) #692 Brooklyn Stueckle 10	2) #682 Rylee Darnold 11	3) #690 Carmen Rojo 12
	5) #679 Taylor Cardon 11	6) #680 Lacy Crabtree 10	7) #681 Macy Cummings 10
			4) #688 Jaidynn MacDonald 12
			8) #678 Ines Calleja-Villegas 12
5	Nooksack Valley	A	50.98
	1) #982 Kate Shintaffer 10	2) #979 Charlize Miller 10	3) #974 Faith Bartl 12
	5) #981 Emily Perry 12	6) #976 Echo Christensen 10	7) #975 Maggie Byers 9
			4) #977 Kate Desilets 12
			8) #980 Halle Palumbo 9
6	Columbia (White Salmon)	A	51.45
	1) #244 Bella Hamilton 9	2) #245 Saylor Hauge 10	3) #247 Sara Miller 9
			4) #246 Piper Hicks 12
7	Eatonville	A	51.99
	1) #392 Hannah Kralik 12	2) #395 Jenae Roulst 10	3) #394 Hadley Noble 9
	5) #389 Ella Gendreau 11	6) #391 Nikia King 11	4) #390 Hannah Hanson 10
8	Port Townsend (East Jefferson)	A	52.49
	1) #1146 Addy Asbell 12	2) #1153 Kaylen Pray 12	3) #1152 Audrey Matthes 11
	5) #1147 Sienna Emerson 9	6) #1151 Camryn Hines 12	4) #1154 Stephanie Sanchez 12
			7) #1155 Hilina Taylor-Lenz 9
			8) #1156 Aliyah Yearian 11

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track
Meet ProgramEvent 227 Girls 4x200 Meter Relay 4x200 Meter 1A
8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/26/2023 - 10:00 AM

National: 1:33.87 2004 , Long Beach Poly
Solomon - Lee - Woods - Solomon
WIAA: 1:39.12 1983 , Garfield
Cunningham - Phillips - Clack - Walker
WIAA 1A: 1:43.69 2017 , Meridian
Mack - Clift - Barnes - Lunde

Lane	Comp#	Team	Relay	Seed Time
Heat 1 of 2 Prelims				
1		Lakeside (Nine Mile)	A	1:46.18
	1) #678	Ines Calleja-Villegas 12	2) #686	Hannah Higans 12
	3) #682	Rylee Darnold 11	4) #688	Jaidynn MacDonald 12
	5) #680	Lacy Crabtree 10	6) #681	Macy Cummings 10
	7) #690	Carmen Rojo 12	8) #692	Brooklyn Stueckle 10
2		Nooksack Valley	A	1:47.50
	1) #982	Kate Shintaffer 10	2) #979	Charlize Miller 10
	3) #981	Emily Perry 12	4) #977	Kate Desilets 12
	5) #974	Faith Bartl 12	6) #976	Echo Christensen 10
	7) #975	Maggie Byers 9	8) #978	Monica Garcia Gonzales
3		Lynden Christian	A	1:48.17
	1) #767	Morgan Delgatto 10	2) #773	Sydney Terpstra 10
	3) #774	Alissa VanderHaak 12	4) #768	Josie Hendricks 10
	5) #772	Sadie Muljat 9	6) #771	Avery Langstraat 10
	7) #769	Estela Hernandez 9	8) #776	Avery VanWeerdhuizen 1
4		Bellevue Christian	A	1:48.56
	1) #45	Rachel Fennell 10	2) #46	Natalie Lange 12
	3) #43	Emily DeJonge 10	4) #49	Rocklyn Osborn 9
	5) #47	Olivia Lee 10	6) #48	Abbie Nienaber 10
	7) #51	Kiana Skogstad 9	8) #44	Emily Eggers 9
5		Columbia (White Salmon)	A	1:49.74
	1) #244	Bella Hamilton 9	2) #243	Sequoia Cohen 10
	3) #247	Sara Miller 9	4) #245	Saylor Hauge 10
	5) #246	Piper Hicks 12		
6		Connell	A	1:51.98
	1) #267	Emilee Van Buren 11	2) #263	Natalie Jenks 10
	3) #264	Kyla McGary 11	4) #262	Morgan Jenks 12
	5) #266	Shaila Reyes 9	6) #260	Brandy Ferguson 11
	7) #268	Ellen Wickham 12		
7		Naches Valley	A	1:53.32
	1) #933	Abby Thomas 10	2) #924	Danika Feriante 10
	3) #925	Katrina Feriante 12	4) #931	Allison Smith 12
	5) #932	Audrey Smith 11	6) #934	Emily Thomas 9
	7) #930	Allie Ross 11	8) #926	Leana Fuchser 11
8		Annie Wright	A	1:58.16
	1) #19	Ellen Heacock 10	2) #24	Trinity Moore 9
	3) #23	Raina Mathews 9	4) #25	Ju-ah Paik 10
	5) #22	Tamya Jennings 9	6) #26	Haylee Park 10
	7) #21	Kiran Hutchinson 12	8) #18	Serena Brewster 9

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track****Meet Program****Heat 2 of 2 Prelims...(Event 227 Girls 4x200 Meter Relay 4x200 Meter 1A)**

1	Deer Park	A	1:47.15
	1) #355 Maya Tucker 11	2) #346 Lauren Bonner 12	3) #352 Gracelynn Martinson 12 4) #348 Ella Carnahan 12
	5) #354 Rylee Pfeifer 10	6) #351 Ellie Levy 12	7) #356 Kali Vio 10 8) #347 Sienna Breneman 9
2	Castle Rock	A	1:47.27
	1) #146 Gracie Sibbett 11	2) #141 Samantha Farland 12	3) #144 Myah Manzano 10 4) #143 Casie Kleine 10
	5) #142 Paige Kessler 12	6) #145 Kaitlyn Meyers 11	
3	Cashmere	A	1:48.26
	1) #124 Molly Smith 11	2) #125 Sadie Smith 12	3) #121 Allyson Kitchel 10 4) #117 Kaitlyn Bjorklund 12
	5) #120 Erin Irelan 9	6) #126 Brianna Talley 11	7) #122 Quinn Pace 9 8) #118 Ava Courtney 12
4	King's	A	1:48.40
	1) #593 Aliyah Choi 9	2) #604 Eliana Rohmer 11	3) #603 Regan Parnell 12 4) #598 Anna Hoke 11
	5) #601 Therese Lewis 11	6) #597 Grace Hansen 12	7) #599 Camille Hoke 12 8) #592 Madelyn Biederman 10
5	Montesano	A	1:49.84
	1) #834 Hailey McElroy 10	2) #833 MaKenzie Eaton 9	3) #835 Alayna Olson 11 4) #831 Lilly Causey 12
	5) #836 Sam Roundtree 10		
6	Seattle Academy	A	1:50.43
	1) #1269 Rhiannon Root 10	2) #1262 Rhiana Bretl 12	3) #1263 Ellie Candell 10 4) #1270 Delphine Way 12
	5) #1265 Divina Cortedano 11	6) #1267 Farah Melang 12	7) #1264 Leila Carter 11
7	College Place	A	1:54.69
	1) #227 Brooklyn Wilson 9	2) #221 Hannah Hutchison 10	3) #225 Annie Watson 9 4) #226 Lucinda Weaver 9
	5) #222 Katherine Prince 10	6) #219 Birtukan Durand 9	7) #224 Menara Toomey 10
8	Seattle Christian	A	1:54.97
	1) #1286 Cassidy Moody 10	2) #1287 Krista Traynor 12	3) #1285 Marlana Hobbs 10 4) #1284 Sarah Bailey 11
	5) #1282 Kayla Anderson 11	6) #1283 Olivia Anderson 12	

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023

Zaepfel Stadium - Don Holder Track
Meet Program

Event 228 Girls 4x400 Meter Relay 4x400 Meter 1A

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/26/2023 - 4:30 PM

National: 3:35.49 2004 , Long Beach Poly
Solomon - Harris - Lee - Solomon
WIAA: 3:46.36 2017 , Union
Jackson - Woods - Merriweather - Merriweather
WIAA 1A: 3:59.00 2017 , Freeman
Gilbert - Rubright - Zimmerman - Schweiger

Lane	Comp#	Team	Relay	Seed Time
Heat 1 of 2 Prelims				
1		Connell	A	4:22.81
	1) #267	Emilee Van Buren 11	2) #263	Natalie Jenks 10
	5) #260	Brandy Ferguson 11	6) #265	Kiersten Price 10
	3) #264	Kyla McGary 11	4) #262	Morgan Jenks 12
2		Deer Park	A	4:18.26
	1) #348	Ella Carnahan 12	2) #346	Lauren Bonner 12
	5) #351	Ellie Levy 12	6) #349	Brooklyn Coe 10
	3) #352	Gracelynn Martinson 12	4) #350	Layne Lathrop 12
	7) #347	Sienna Breneman 9	8) #353	Ripley McNab 11
3		Cashmere	A	4:12.98
	1) #124	Molly Smith 11	2) #125	Sadie Smith 12
	5) #118	Ava Courtney 12	6) #121	Allyson Kitchel 10
	3) #126	Brianna Talley 11	4) #117	Kaitlyn Bjorklund 12
	7) #120	Erin Ireland 9	8) #116	Sophia Bataniou 10
4		Naches Valley	A	4:09.01
	1) #932	Audrey Smith 11	2) #931	Allison Smith 12
	5) #933	Abby Thomas 10	6) #927	Taryn Huck 12
	3) #925	Katrina Feriante 12	4) #921	Olive Clark 10
	7) #923	Claire Emmans 12	8) #929	Brooke Miles 11
5		Castle Rock	A	4:12.80
	1) #144	Myah Manzano 10	2) #141	Samantha Farland 12
	5) #145	Kaitlyn Meyers 11	6) #142	Paige Kessler 12
	3) #146	Gracie Sibbett 11	4) #143	Casie Kleine 10
6		Bellevue Christian	A	4:15.29
	1) #46	Natalie Lange 12	2) #43	Emily DeJonge 10
	5) #44	Emily Eggers 9	6) #51	Kiana Skogstad 9
	3) #48	Abbie Nienaber 10	4) #47	Olivia Lee 10
	7) #45	Rachel Fennell 10	8) #52	Brielle Weedman 10
7		La Center	A	4:22.09
	1) #654	Isabella Higgins 10	2) #657	Sanee Walker 10
	3) #652	Mikaela Bright 11	4) #655	Keirah Murrain 12
8		Annie Wright	A	4:34.14
	1) #19	Ellen Heacock 10	2) #23	Raina Mathews 9
	5) #18	Serena Brewster 9	6) #26	Haylee Park 10
	3) #21	Kiran Hutchinson 12	4) #25	Ju-ah Paik 10
	7) #20	Yizhou (Flora) Hu 11	8) #22	Tamya Jennings 9

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Heat 2 of 2 Prelims...(Event 228 Girls 4x400 Meter Relay 4x400 Meter 1A)**

1	Port Townsend (East Jefferson)	A	4:24.08
	1) #1155 Hilina Taylor-Lenz 9 2) #1149 Fiona Fraser 11 3) #1147 Sienna Emerson 9 4) #1156 Aliyah Yearian 11		
	5) #1151 Camryn Hines 12 6) #1152 Audrey Matthes 11 7) #1153 Kaylen Pray 12 8) #1148 Leah Ferland 9		
2	Eastside Preparatory	A	4:19.48
	1) #383 Kimberly Zhao 10 2) #379 Saina Bhatt 10 3) #382 Claire Wu 12 4) #378 Celeste Bell 12		
	5) #384 Caroline Zhuang 12 6) #381 Isobel Wright 11		
3	Mount Baker	A	4:14.24
	1) #886 Ellie Hanstead 9 2) #884 Erica Cook 11 3) #888 Jane Lentz 9 4) #887 Natalie Horsmon 11		
	5) #890 Tyla Olson 10 6) #891 Rylee Ross 12 7) #885 Karalyn Cook 9 8) #889 Megan Little 10		
4	Lakeside (Nine Mile)	A	4:11.38
	1) #678 Ines Calleja-Villegas 12 2) #686 Hannah Higans 12 3) #689 Sadie Meyring 10 4) #691 Tea Simonson 9		
	5) #677 Mikayla Buckley 12 6) #679 Taylor Cardon 11 7) #681 Macy Cummings 10 8) #680 Lacy Crabtree 10		
5	Lynden Christian	A	4:12.46
	1) #771 Avery Langstraat 10 2) #769 Estela Hernandez 9 3) #776 Avery VanWeerdhuizen 14) #765 Etta DeJong 9		
	5) #774 Alissa VanderHaak 12 6) #767 Morgan Delgatto 10 7) #773 Sydney Terpstra 10 8) #772 Sadie Muljat 9		
6	King's	A	4:15.11
	1) #592 Madelyn Biederman 10 2) #600 Sophia Inglin 10 3) #597 Grace Hansen 12 4) #599 Camille Hoke 12		
	5) #598 Anna Hoke 11 6) #601 Therese Lewis 11 7) #595 Rosella Gehr 11 8) #596 Kate Gerspacher 12		
7	Seton Catholic	A	4:20.63
	1) #1304 Ava Gavora 9 2) #1303 Avery Garrison 11 3) #1305 Naomi Jackson 9 4) #1306 Alexis Leone 11		
8	College Place	A	4:29.62
	1) #222 Katherine Prince 10 2) #219 Birtukan Durand 9 3) #225 Annie Watson 9 4) #226 Lucinda Weaver 9		
	5) #224 Menara Toomey 10 6) #223 Chloe Svilich 11		

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Meet Program****Event 229 Girls Shot Put 1A****Friday 5/26/2023 - 3:00 PM****National: 57-01.25 2017****Alyssa Wilson, Toms River Conovan Cath****WIAA: 48-06 2018****Karlee Freeman, Raymond****WIAA 1A: 48-04 2016****Jordan Spradlin, Montesano**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	922	Hannah Clements	11	Naches Valley	31-03.50
2	42	Roquena Collins	9	Bellevue Christian	31-04.00
3	24	Trinity Moore	9	Annie Wright	32-02.25
4	685	Camille Hatch	11	Lakeside (Ni	33-01.75
5	1146	Addy Asbell	12	Port Townsen	33-11.50
6	591	Kimberly Beard	9	King's	34-00.25
7	123	Raquel Pedraza	11	Cashmere	34-02.00
8	778	Jessa Wynstra	10	Lynden Christian	34-06.00
Flight 2 of 2 Finals					
1	706	Natalie Overby	11	LaSalle	36-02.00
2	656	Ella Schoene	12	La Center	36-02.75
3	1395	Trinity Tafoya	12	Tenino	36-07.00
4	248	Jessica Polkinghorn	11	Columbia (Wh	36-10.25
5	766	Tabby DeJong	11	Lynden Christian	38-02.00
6	594	Adrianna Coleman	12	King's	38-04.00
7	818	Chiche Okemgbo	11	Medical Lake	39-01.50
8	1422	Tatiana Camacho	10	Toppenish	39-04.00

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 230 Girls Discus Throw 1A****Thursday 5/25/2023 - 4:00 PM****National: 193-08 2023****WIAA: 173-01 1998****WIAA 1A: 155-02 2001****Emma Sralia, Flower Mound Marcus****Mandy Borschowa, Mount Si****Cathy Schmidt, Kalama**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	1423	Alexia Jimenez	12	Toppenish	95-08
2	160	Taylor Cochran	10	Charles Wrig	96-00
3	830	Hannah Bruland	12	Montesano	103-01
4	922	Hannah Clements	11	Naches Valley	106-02
5	248	Jessica Polkinghorn	11	Columbia (Wh	107-06
6	140	Kynsi Bayes	11	Castle Rock	110-03
7	775	Ellie Vanloo	10	Lynden Christian	111-02
8	159	Sky Cochran	11	Charles Wrig	111-08
Flight 2 of 2 Finals					
1	1482	Amelia Medeiros	11	Vashon Island	112-01
2	766	Tabby DeJong	11	Lynden Christian	112-08
3	123	Raquel Pedraza	11	Cashmere	112-11
4	1422	Tatiana Camacho	10	Toppenish	114-06
5	253	Bayley Benson	12	Colville	117-00
6	818	Chiche Okemgbo	11	Medical Lake	122-10
7	591	Kimberly Beard	9	King's	125-10
8	594	Adrianna Coleman	12	King's	148-04

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 231 Girls Javelin Throw 1A****Saturday 5/27/2023 - 10:00 AM****National: 185-08 2015****WIAA: 167-09 2011****WIAA 1A: 153-09 2017****Madison Wiltrout, Connellsville****Christine Kirkwood, Othello****Ashton Riner, Connell**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	52	Brielle Weedman	10	Bellevue Christian	86-01
2	733	Grace Mattson	10	Life Christi	96-00
3	1491	Daisy Barajas	12	Wahluke	104-05.50
4	1422	Tatiana Camacho	10	Toppenish	105-06
5	982	Kate Shintaffer	10	Nooksack Valley	108-09
6	1386	Joy Ayodeji	11	Sultan	108-10
7	123	Raquel Pedraza	11	Cashmere	110-03
8	141	Samantha Farland	12	Castle Rock	110-07
Flight 2 of 2 Finals					
1	33	Quinn Smith	11	Bear Creek	111-07
2	261	Lacey Hudlow	12	Connell	111-09.50
3	770	Tessa Hollander	12	Lynden Christian	112-03
4	832	Ashlyn Devereaux	12	Montesano	112-04
5	388	Brooke Blocker	12	Eatonville	114-01
6	1150	Ellise Gardner	11	Port Townsend	114-09
7	818	Chiche Okemgbo	11	Medical Lake	116-09
8	687	Ashlyn Kreuch	10	Lakeside (Ni	121-07

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 232 Girls Long Jump 1A****Friday 5/26/2023 - 10:00 AM****National: 22-01.75 1976****WIAA: 20-01.25 2016****WIAA 1A: 19-09.25 1977****Kathy McMillan, Raeford Hoke County****Wurrie Njadoe, Shorecrest****Patsy Walker, Yelm**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	682	Rylee Darnold	11	Lakeside (Ni	15-01.00
2	247	Sara Miller	9	Columbia (Wh	15-05.00
3	99	Tori Kramer	12	Cascade Christian	15-06.75
4	1382	Olivia Fauth	10	Stevenson	15-07.00
5	982	Kate Shintaffer	10	Nooksack Valley	15-10.75
6	765	Etta DeJong	9	Lynden Christian	15-11.00
7	142	Paige Kessler	12	Castle Rock	16-00.00
8	100	Jaylah Laurence	12	Cascade Christian	16-01.75
Flight 2 of 2 Finals					
1	1176	Joceline Schaapman	12	Quincy	16-02.25
2	1479	Alana Bass	11	Vashon Island	16-09.25
3	777	Alina Veltkamp	11	Lynden Christian	16-10.00
4	1562	Mia Hicks	11	Zillah	16-10.25
5	218	Mya Adams	12	College Place	16-10.75
6	254	Kaelyn Malone	12	Colville	16-11.50
7	932	Audrey Smith	11	Naches Valley	17-00.00
8	32	Braelyn Baker	11	Bear Creek	17-02.00

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 233 Girls Triple Jump 1A****Saturday 5/27/2023 - 10:00 AM****National: 44-10 2019****WIAA: 41-10.25 2015****WIAA 1A: 39-03.50 2017****Jasmine Moore, Mansfield Lake Ridge****Chinne Okoronkwo, Mountlake Terrace****Summer Welch, Naches Valley**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	1484	Lena Puz	9	Vashon Island	31-00.75
2	1491	Daisy Barajas	12	Wahluke	32-00.00
3	48	Abbie Nienaber	10	Bellevue Christian	32-01.75
4	380	Hannah Wand	12	Eastside Pre	32-03.75
5	615	Bridget Quinn	10	King's Way C	32-08.00
6	142	Paige Kessler	12	Castle Rock	32-10.50
7	835	Alayna Olson	11	Montesano	33-02.75
8	602	Lucy Mortimer	9	King's	33-03.25
Flight 2 of 2 Finals					
1	125	Sadie Smith	12	Cashmere	33-05.25
2	818	Chiche Okemgbo	11	Medical Lake	33-06.75
3	1561	Alaina Garza	10	Zillah	34-00.00
4	257	Jordyn True	12	Colville	34-01.00
5	1447	Maddie Takamiya	11	University Prep	34-06.00
6	777	Alina Veltkamp	11	Lynden Christian	35-00.50
7	49	Rocklyn Osborn	9	Bellevue Christian	35-10.00
8	1562	Mia Hicks	11	Zillah	37-01.75

2023 WIAA 1B - 2B - 1A Track & Field Championships - 5/25/2023 to 5/27/2023**Zaepfel Stadium - Don Holder Track
Meet Program****Event 234 Girls High Jump 1A****Thursday 5/25/2023 - 4:00 PM****National: 6-04.50 2015****WIAA: 6-01 1983****WIAA 1A: 5-10.75 1979****Vashti Cunningham, Las Vegas Bushop Gorman****Mary Moore, Issaquah****Carina Wesover, Kiona-Benton**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 1 Finals					
1	625	Jenna Baugh	11	Kiona-Benton	4-06.00
2	1480	Cecelia Guenther	9	Vashon Island	4-07.00
3	218	Mya Adams	12	College Place	4-08.00
4	1287	Krista Traynor	12	Seattle Christian	4-09.00
5	928	Kayla Krueger	10	Naches Valley	4-10.00
6	405	Meara Baxter	11	Elma	4-10.00
7	1282	Kayla Anderson	11	Seattle Christian	4-10.00
8	257	Jordyn True	12	Colville	4-10.00
9	653	Nora Hendrickx	10	La Center	5-00.00
10	1177	Jasmine Vasquez	12	Quincy	5-00.00
11	602	Lucy Mortimer	9	King's	5-00.00
12	562	Chloe Kennedy	12	Hoquiam	5-00.00
13	1006	Elsa Brandt	10	Northwest	5-01.00
14	1386	Joy Ayodeji	11	Sultan	5-01.00
15	765	Etta DeJong	9	Lynden Christian	5-02.00
16	466	Stephanie Chaddock	12	Freeman	5-02.00

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Meet Program****Event 235 Girls Pole Vault 1A****Friday 5/26/2023 - 3:00 PM****National: 14-09.50 2022****WIAA: 14-00 2019****WIAA 1A: 13-00.50 2016****Amanda Moll, Olympia Capital****Chloe Cunliffe, West Seattle****Elli Kimes, Cashmere**

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 1 Finals					
1	1302	Virginia Carrion	11	Seton Catholic	8-00.00
2	1486	Madeline Yarkin	11	Vashon Island	8-00.00
3	392	Hannah Kralik	12	Eatonville	8-06.00
4	1257	Samantha Fitzhugh	12	Royal	8-06.00
5	649	Audrey Younger	11	Klahowya	8-06.00
6	561	Katrina Jones	12	Hoquiam	8-09.00
7	932	Audrey Smith	11	Naches Valley	9-00.00
8	683	Madison Eveland	10	Lakeside (Ni	9-00.00
9	50	Lexi Salazar	11	Bellevue Christian	9-00.00
10	928	Kayla Krueger	10	Naches Valley	9-00.00
11	118	Ava Courtney	12	Cashmere	9-03.00
12	1241	Divine Maple	11	Riverside	9-06.00
13	1341	Sierra Muller	10	South Whidbey	9-06.00
14	887	Natalie Horsmon	11	Mount Baker	9-09.00
15	1268	Eva Ortiz	10	Seattle Academy	10-00.00
16	603	Regan Parnell	12	King's	11-00.00