

2023

NPSL 4A

**Decatur
Federal Way
Kennedy Catholic
Kentridge
Kentwood
Mount Rainier
Tahoma**

**ADVANCE INFORMATION BULLETIN
2023 4A REGION I WRESTLING
CHAMPIONSHIPS**

SATURDAY, FEBRUARY 11

Cavelero Mid High School- Lake Stevens

WESCO 4A

**Glacier Peak
Jackson
Kamiak
Lake Stevens
Mariner**

TOURNAMENT MANAGER

Jason Pearson
Athletic Director
Lake Stevens High School
Jodi Widmann
LSHS Athletic Secretary

CONTACT INFORMATION

Office – 425-335-1527
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Jodi_Widmann@lkstevens.wednet.edu
Office 425-335-1516

ACTION ITEMS!

1. **E-MAIL (Jodi_Widmann@lkstevens.wednet.edu) completed Pass List via 3:00 PM on Wednesday, February 8th (see attached).**
2. **Read WIAA Bound For State Wrestling Regulations (see the WIAA website: <http://www.wiaa.com/subcontent.aspx?SecID=333>).**
3. **Call Jason Pearson or , if you have any questions or special needs.**

TOURNAMENT SITE – Cavelero Mid High School 8220 24th St SE, Lake Stevens, WA 98258

PARTICIPANT DROP OFF/BUS AND VAN PARKING– Coaches please watch this [brief video](#) on where to park buses/vans. Signs will direct athletes, coaches and spectators to their appropriate areas.

TOURNAMENT SCHEDULE – Times are approximate, and may begin before published times.

- Gym open to participants and coaches – 7:30 AM (**Please plan to arrive NO EARLIER than 7:30 AM.**)
- Weigh-In – 8:00 AM
- Coaches Meeting – Immediately following Weigh-In
- Tournament Begins at 10:00 AM, 4 mats
- Finals on three mats.

WEIGH-IN – Saturday, February 11th – 8:00 AM, Cavelero Mid High School Upper Gym

- **ATHLETES WILL NEED PHOTO ID AND WEIGH-IN CARDS TO WEIGH IN.**
- All teams should report at weigh-in time. Weigh-in will follow Wrestling Federation Rules and will be organized by weight class.
- Athletes will NOT be permitted to carry bags and/or gear into weigh-in, only a weigh-in card and photo ID.
- Any skin irregularities / diseases must be accompanied by a note from a physician stating the disease is non-communicable, and must be completed on NFHS form (see the WIAA website).
- **TOURNAMENT MEDICAL STAFF WILL HAVE FINAL AUTHORITY ON ANY SKIN CONDITIONS.**
- Coaches should arrive prepared to provide a copy of their alphabetical master list from the state's weight management program.

This information will be used for entry verification, programs, and for participant entrance at the Pass Gate. Any school that intends to withdraw a Regional qualifier should contact Jason Pearson at 425-335-1527 as soon as possible. This will allow time to contact the alternate qualifier.

TICKETS AND PASSES

NO CASH TICKETS/ONLINE TICKETS ONLY-GOFAN

Prices are established by the WIAA and good for the entire Regional Tournament:

Adults & Students w/o ASB:	\$10.00
Students w/ASB, Seniors (62+), Children under 12, Military:	\$7.00
Children under 5	Free



- Please make sure your students and parents know. **All tickets will be online, no in person ticket sales.** (See attached poster)
- Only wrestlers in uniform, participating in the tournament, will be admitted free entrance. Players will be expected to have paid online if not participating in tournament.
- Participant, Manager, and Coach Identification Wristbands will be distributed to coaches in team packets upon arrival. Wristbands must be worn at all times for access to the gym floor.
- Only those photographers approved by the Tournament Manager will be permitted on the gym floor.
- WIAA “All Access”, “Limited Access”, and “Lifetime” passes will be accepted.
- Washington State Coaches Association and Washington Secondary School Athletic Administrators Association passes will be accepted.
- LEAGUE PASSES will NOT be accepted.

COACHES MEETING

There will be a pre-tournament coaches meeting, immediately following weigh-in, held in the Hospitality Room, Cavelero Choir Room. A representative from each participating school is expected to attend. Tournament personnel will be introduced (including Tournament Manager, officials, athletic trainers, Computer Manager, Announcer, and Games Committee). Last-minute changes to the tournament brackets will be announced, as well as other tournament procedures. Voting on “Head Coach of the Year”, “Assist Coach of the Year”, “Middle School Coach of the Year”, and “Athlete of the Year” will also be conducted. (Email sent last week.)

OFFICIALS

Officials will be assigned by the WIAA. For matches that end in a draw, NFHS overtime rules will apply. For the Consolation & Championship finals, two officials may be used.

TOURNAMENT GAMES COMMITTEE

Any disputes occurring at the tournament will be presented to the Tournament Manager and he will confer with the Tournament Games Committee. Their decision will be final.

The Tournament Games Committee will contain:

- Head Official
- Tournament Manager
Jason Pearson, Athletic Director, Lake Stevens High School
- Two head coaches from neutral schools
WESCO – Matthew McClinchy, Jackson High School
WESCO– Bryan Mossburg, Glacier Peak High School
NPSL – Bobby Brokenshire- Kennedy Catholic
NPSL – Chris Feist, Tahoma High School

STATE QUALIFIERS/AWARDS

The first four (4) place finishers in each weight class will qualify for the State Tournament to be held in the Tacoma Dome, February 18-19. The 5th place finisher will become the alternate to the State Tournament. The alternate will be used in the event of a scratch by a higher placer for their region only.

Medals will be awarded to the first four (4) place finishers in each weight class. Individual awards will be presented during the Finals session. Pictures for the state tournament program of the top four (4) place finishers will be taken immediately after the awards presentation for that weight class. **WRESTLERS MUST WEAR THEIR SCHOOL WARM-UP FOR THE PHOTO.**

LOCKER ROOMS

- Wrestlers deposit all debris in trash cans.
- P. E. lockers are not to be disturbed.
- Bulletin boards are to be left untouched.
- Coaches are responsible for the conduct of their team and should discuss proper care of locker room area.
- Each school is responsible for their valuables. Secured storage will not be available.
- Each school must furnish their own towels.

GYM FLOOR RESTRICTIONS

- Only participants and coaches will be allowed on the main gym floor. Spectators will sit in the general seating area.
- Teams are limited to two coaches per mat during a match.
- Only those photographers approved by the Tournament Manager will be permitted on the gym floor.

MEDICAL/FIRST AID – Certified athletic trainers will be available.

SIGNS – No signs except official school banners will be permitted.

BANDS AND NOISEMAKERS – School pep bands and artificial noisemakers will NOT be permitted.

TOURNAMENT SCORING

All tournament scoring will be conducted as stated in the NFHS Rule Book. Team points will be awarded when a school has a wrestler place in the top six (6) places:

- First Place 16 team points
- Second Place 12 team points
- Third Place 9 team points
- Fourth Place 7 team points
- Fifth Place 5 team points
- Sixth Place 3 team points

Individual placement points shall be awarded as soon as earned. Placement points already earned will be deducted in case of forfeit (other than injury) or disqualification from the tournament. Points for team scoring shall be awarded as follows:

- Two (2) team advancement points shall be scored for each match won in the championship bracket, except for the final first place match. If a wrestler receives a bye in the first round, he shall be awarded two (2) advancement points for that round if he wins his next match. No points are awarded for the bye if the wrestler loses his next match.
- One (1) team advancement point shall be scored for each match won in the consolation round, except for the final third and fifth place matches. A wrestler who has a bye in the consolation round shall receive one (1) advancement point, provided he wins the next round match.
- Two (2) additional points will be scored for each match won by default, disqualification, fall, or forfeit throughout the tournament.
- One and one-half (1.5) points will be awarded for each match won by a technical fall.
- One (1) point will be awarded for each match won by a major decision.
- The winner of each championship quarterfinal shall be awarded three (3) points. The winner of each championship semifinal shall be awarded nine (9) points and the winner of each championship final shall be awarded four (4) additional place points.
- The winner of the quarterfinal consolation match shall receive three (3) additional place points. The winner of the consolation semifinal shall be awarded four (4) points and the winner of the third place match and the winner of the fifth place match shall receive two (2) additional place points.

OTHER TOURNAMENT PROCEDURES

The current WIAA Handbook and NFHS WRESTLING RULE BOOK will be used. Any matter not covered in either book will be left to the discretion of the Tournament Games Committee.