

# 2023 Region IV-3A Wrestling Championships

Hosted by Juanita High School

**Date:** February 10/11, 2023 – Varsity Men

**Location:** Juanita High School, 10601 NE 151<sup>st</sup> St, Kirkland, WA 98011

**Schools Involved:** **KingCo Conference** – Bellevue Wolverines, Hazen Highlanders, Interlake Saints, Juanita Ravens, Lake Washington Kangaroos, Liberty Patriots, Mercer Island Islanders  
**Greater Spokane League** – Mead Panthers, University Titans, Mt. Spokane Wildcats, Ferris Saxons, North Central Wolfpack, Ridgeline Falcons, Cheney Blackhawks  
**Mid-Columbia Conference** – Hermiston Bulldogs, Kennewick Lions, Southridge Suns, Walla Walla Blue Devils

**Schedule:** Round times subject to change depending on the flow of the tournament.

Friday, February 10 <sup>th</sup>		Saturday, February 11 <sup>th</sup>	
3:30 pm	Scales open	7:30 am	Scales open
4:00 pm	Weigh-ins	8:00 am	Weigh-ins
4:30 pm	Doors open to the public – <i>Admission charged</i>	8:30 am	Doors open to the public – <i>Admission charged</i>
4:45 pm	Coaches meeting ( <i>hospitality room</i> )	8:45 am	Coaches meeting ( <i>hospitality room</i> )
5:30 pm	Prelims ( <i>112 matches</i> )	9:30 am	Consy-2 <sup>nd</sup> Round ( <i>56 matches</i> )
7:30 pm	Quarter-finals & Consy 1 <sup>st</sup> Round ( <i>112 matches</i> )	10:45 am	Semi-Finals & Consy-Quarters ( <i>56 matches</i> )
		12:30 pm	Consy Semi-finals ( <i>28 matches</i> )
9:30 pm	Estimated conclusion of Day 1	1:30 pm	Finals – 1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> , 7 <sup>th</sup> ( <i>56 matches</i> )
		3:00 pm	Team and Individual awards

**Weigh-ins:** **All athletes will need Photo I.D. for weigh-ins.** All wrestlers are to be present and remain in the designated weigh-in area during the weigh-in period – this will be strictly followed. During the weigh-in process, no activities that promote hydration or dehydration will be allowed.

**Format & Seeding:** Individual 16-man bracket, double-elimination, placing to 8 wrestlers. NFHS tournament scoring. Seeds determined by matrix agreed upon by League Commissioners. Four entries from MCC, Six Entries from KingCo, Six entries from GSL.

**Entries Due:** February 5<sup>th</sup>, 2023 – Entries will be pulled from qualifying tournaments in TrackWrestling

**Admission:** Prices are established by the WIAA and tickets are sold exclusively through GoFan  
Adults & Students w/o ASB.....\$10.00  
Middle School / High School Students with ASB, Seniors (62+), Children under 12.....\$7.00  
Children under 5.....Free

- Please inform your students and parents ahead of time so they come prepared to pay admission.
- Only wrestlers in uniform, participating in the tournament, will be admitted free entrance. Wrestlers will be expected to pay if not participating in tournament.
- Press passes will be accepted with proper identification. Only those photographers approved by the Tournament Manager will be permitted on the gym floor.
- WIAA “All Access”, “Limited Access”, and “Lifetime” passes will be accepted.
- WSCA and WSSAAA passes will be accepted.
- LEAGUE PASSES will NOT be accepted.

**Team Scoring:** NFHS tournament scoring with placement points to 6<sup>th</sup> place. No double-bonus

- Awards & Pictures:** Medals will be awarded to the top four wrestlers in each weight class. Awards will be presented following each group of matches in the championship round. Once done with awards, the top four finishers in each weight class will move to photo area to have their group picture taken for the state program. Per WIAA policy, wrestlers need to be dressed in school warm-ups, which include a top and bottom. Athletes will not be allowed to be in street clothes or have hats, sunglasses, mascots or any other items in the picture with them.
- Advancement:** Top 5 finishers will qualify for the Mat Classic on February 17<sup>th</sup>/18<sup>th</sup> in the Tacoma Dome 6<sup>th</sup>/7<sup>th</sup> place finishers will serve as the 1<sup>st</sup>/2<sup>nd</sup> alternates, respectively.  
Alternates should be at the Mat Classic in the event a qualifier cannot compete. If circumstances prevent a weight class from sending 5 participants from the top 7, byes will be entered. Please notify the Tournament Director if there are any scratches amongst the top 7 prior to the Mat Classic  
The Regional Tournament shall serve to qualify entries to the Mat Classic. A wrestler who does not wrestle in the Regional Tournament may not advance to the Mat Classic. There shall be no exceptions to this rule.
- Locker Rooms:** Both locker rooms will be available to use. Athletes are expected to bring their own towels and to treat the facilities with respect. Please remind your parents and fans that the locker room is off limits and not a public restroom area. Juanita High School is not responsible for any lost or stolen items and athletes are encouraged to not leave valuables in the locker room area.
- Medical/First Aid:** Certified Athletic Trainers will be provided by Seattle Children's and will be available onsite throughout the tournament. EMS is nearby and readily available. Athletes wishing to be taped must bring their own taping supplies. Tape will also not be provided for shoelaces.
- Concessions:** The Juanita HS Booster Club will be on hand all day selling food and drinks.
- Bands & Noisemakers:** No bands or noisemakers of any type are allowed in the gym.
- Bus Parking:** Buses should park in the bus loop located on the east side of the building (behind the school). See attached map for details
- Game Committee:** The Head Tournament Official and the Tournament Director will develop the committee using Athletic Directors & Coaches from **neutral** schools.
- Tournament Hotels:** Discounted rates available at the hotels below  
[COURTYARD by MARRIOTT SEATTLE / KIRKLAND](#)
- \$139 Single King w/ sofa bed – 20 ROOMS
  - \$159 Queen/Queen – 20 ROOMS
  - **EXCLUSIVE Booking Link:** [Book your group rate for WIAA Regional Wrestling Tournament](#)
  - **Last Date to Book: 01/20/2023**
  - Breakfast available for purchase at the onsite restaurant, The Bistro
  - Onsite parking \$10 per vehicle per day
  - **1.8 miles from Juanita High School, 10601 NE 132nd St, Kirkland, WA 98034**
- [FAIRFIELD INN & SUTIES by MARRIOTT SEATTLE BELLEVUE/REDMOND](#)
- \$159 Single King – 15 ROOMS
  - \$189 Queen/Queen – 5 ROOMS
  - \$189 Single King Suite w/ sofa bed – 10 ROOMS
  - **EXCLUSIVE Booking Link:** [Book your group rate for WIAA Regional Wrestling Tournament](#)
  - **Last Date to Book: 01/20/2023**
  - Complimentary hot breakfast available daily
  - Onsite parking \$12 per night
  - **9.0 miles from Juanita High School, 10601 NE 132nd St, Kirkland, WA 98034**